

WEEKLY NEWS

Thursday, July 16, 2009

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Young stars take to the stage to show off talents

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PUPILS USE ART TO HAVE PICNIC

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Plan revealed for north-east homes

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

PLANS for another 2,500 homes in Haverhill – along with another relief road to link the Essex end of the town's bypass to the Bury St Edmunds road – were unveiled yesterday.

St Edmundsbury Borough Council will begin consultation next month on its Local Development Framework up to 2031, which will follow the existing Local Plan when it runs out in 2016.

The framework plans for 6,850 more homes across the borough, many on greenfield sites. Up to 40 per cent of these will be built in Haverhill where residents can "live and work".

The current local plan includes 1,100 homes on land north-west of Haverhill, which cannot be occupied until developers provide a north-west relief road to link the A1307 Cambridge road to the A143 Bury St Edmunds road.

The new plan would create an even larger new settlement of 2,500 homes in north-east Haverhill – from Samuel Ward Arts and Technology College in the direction of Kedington – but buffer zones would help the village maintain its own identity.

There will be a masterplan for the new neighbourhood, including schools, health facilities and local shops.

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Blooming: right, celebrating their award are young gardeners, from left, Harry Varley, 8, Katie Noakes, 8, Nat Swain, 7, Ella Rowsell, 9, Chloe Sing, 6, Amy Roach, 9, Joe Cook, 6, Emily Lyons, 7, and teaching assistant Denise O'Brien. Above, Chloe takes a closer look at the crops. Picture: Richard Patterson 575084/80.

Cash crop for pupils' growing green fingers

GREEN-FINGERED primary school pupils have received a cash boost to their blossoming horticultural efforts.

Pupils at Kedington Primary School have become keen members of the school gardening club and even produce vegetables to be cooked in the school kitchen.

Now the school had become

one of the first recipients of the Royal Horticultural Society's Campaign for School Gardening Alan Titchmarsh Awards.

The school was eligible to apply for the award as it had achieved Level 3 of the society's Campaigns Benchmark Scheme.

The prize is £500 worth of national garden gift vouchers.



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Who's got talent? Pupils put on a masterful show

EVEN Simon Cowell would have been wowed by the talent on offer when primary school pupils showed just what they could do last Friday morning.

Thurlow Primary School may only have 56 pupils, but a Thurlow's Got Talent event still managed to attract a packed audience of parents and

friends keen to see the range of skills the youngsters have mastered.

Pupils aged 4 to 9 danced, sang, played piano, recorders, flute, guitar, violin and drums. Two young magicians performed tricks, there was comedy and verse, with one girl showing the craft work she had produced and another

boy bringing his fishing rod along to tell others about his hobby.

Teachers Rachel Bacon and Catherine Cherry presented a clarinet duet and former Castle Manor students Annie Powell and Dale Bennett acted as judges and sang for the audience.

Nine-year-old Lois Newlands was crowned the winner for his excellent piano piece. Sophie Stevenson-Thomas and Millie McWra came second. Third place went to Matthew Marron and Emma Wallis, while Billy Chapman, Alistair Wallace and Matthew Marron were in fourth place.



Talent show: above, musicians look on as the other acts thrill the crowd. Left, George Allin, 9, shows what he can do on the violin. Far left, Ben Quick and Lily Shipp, both 7, perform their magic act.

Picture: Richard Patterson 575089/87/90.

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Mum 'didn't know' of cocaine in boot

A MOTHER of two caught with cocaine worth £70,000 in the boot of her car claimed in court she had been unaware of what the substance was.

Kathleen Taylor, 43, of Windmill Close, Ely, was convicted by a jury at Ipswich Crown Court of possession of a Class A drug with intent to supply.

During her trial prosecutor Michael Crimp told the jury that on December 23 last year police officers had observed Taylor leaving a house in Thurlow Road, Great Wratting, along with a man called Stuart Neighbour, who lived there.

The pair drove away and a short time later were stopped by police on the A1307 just outside Haverhill, where the VW Passat

car they were travelling in was searched.

Officers discovered 1.5kg of cocaine worth a street value of £70,000.

Back at Neighbour's house a search was carried out of her Ford Escort car, which was parked there. The search revealed a carrier bag in the boot containing 1.4kg of cocaine, also worth about £70,000.

Taylor had been seen to go to the back of her car before leaving the house with Neighbour. The cocaine found in the boot of Taylor's Ford Escort was split into 71 individual wraps.

Neighbour, 56, was charged with drug offences to which he pleaded guilty at a hearing earlier this year. He is currently serving an eight-year prison term.

Taylor had told the court she was visiting Neighbour's home when he said he needed

to go out for something and suggested she go with him. She claimed as they got into his car, he handed her a carrier bag and asked her to put it in the boot of her own car.

She said she did not know what it contained and denied any knowledge of Neighbour's involvement with illegal drugs, saying she did not condone the use of drugs.

Taylor was told by Judge John Holt at the trial last week that she would be sentenced in the week commencing August 17 and that all options were open.

Judge Holt ordered the preparation of a pre-sentence report by the Probation Service and released Taylor on bail until her next court appearance.

Commission to report on ideas to cut congestion

THE final verdict of the independent Transport Commission will be announced at a special public meeting next week.

The commission, headed by Sir Brian Briscoe, has been gathering evidence on transport and congestion problems in and around Cambridge since January.

It has also been assessing Cambridgeshire County Council's bid for Transport Innovation Funding, including congestion charging.

It has sifted through thousands of pages of evidence, heard from more than 1,000 local residents via an online survey and directly from more than 119 witnesses at 15 public

hearings around the county.

The views of residents, local organisations, businesses, councils, transport groups and experts will all be considered and will help form the recommendations that will be announced at Cambridge's Guildhall at 7pm next Tuesday.

Sir Brian Briscoe said: "The

quality of submissions has been excellent and it has been obvious from the start how important the transport issue is to local people.

"We'll be looking at the problem from every angle before making our recommendations and we are pleased to have had input from people all over the county."



Chilled out: left, Rhiannon Bailey, 10, with a Morris ice-cream van. Above, a 1950s bus.

Pictures: Richard Patterson 575377/80.

Vintage vehicles roll on in for nostalgic trip

A VARIETY of vintage cars, lorries, buses, vans and fire engines took part in Haverhill's first Free Historic Transport Rally.

Organised in conjunction with the Historic Commercial Vehicle Society (East Anglia), the event saw more than 100 vehicles of all shapes and sizes take over the car park off Duddery Hill.

The Eastern National Preservation Society ran a service around town from Haverhill Bus Station during the day, including rides on old-fashioned, open-top buses.

Gordon Mussett, Haverhill town clerk, said: "Many of the events are held on fields in the country and it is unusual to have a hard-standing area in a town centre."

"We are also using Haverhill's unique geographical position to route the road run through villages in the three counties of Suffolk, Essex and Cambridgeshire."

Chris Butcher, secretary of the Historic Commercial Vehicle Society, said it was its biggest ever rally and he hoped it would become an annual event in Haverhill.



Snap shot of the past: Denise Hinks takes a look at a 1946 parcels service Austin lorry.

575378.

'Long-term' plan for town's future

■ From Page 1

The neighbourhood would be close to the site of new facilities, including a community football stadium, to be built at Samuel Ward.

Ian Poole, planning policy specialist services manager for St Edmundsbury, said it was a long term plan and residents "would be deciding where their grandchildren would live".

He said: "At present, all of the housing is in one part of Haverhill and all the employment sites in another. We would like to create a new settlement where people can work close to where they live, to reduce car journeys and enable many to walk or cycle."

"This plan is led by the environmental capacity of sites, we want the homes to be as eco-friendly and sustainable as possible. Part of the plan is to create another relief road to complete the circle around the town and again there would be a condition that it must be provided."

"The north-west Haverhill site is unique because the landowners

have gone through all the planning process themselves, before having a developer on board. We have a planning application in for the road and the houses cannot be occupied until the full road is provided. We are hopeful that this will be quite soon."

Cllr Terry Clements, portfolio holder for housing, said the council was particularly concerned with creating high specification developments which would enhance people's quality of life. He said: "As councillors we have looked at this many times and we have asked for extra time and an extended consultation period because we want to get it right."

"We wanted this to marry up with the developments at Samuel Ward and this new development on the edge of town will also link up with the new leisure quarter, with people able to walk or cycle to the town centre."

The consultation will run from August 12 to October 7 and a number of local drop-in sessions will be held for residents.

PCT's 'barmy' call on flu drug stocks

A HEALTH trust's reluctance to supply a new Haverhill pharmacy with swine-flu medication has been described as "barmy" by a local GP.

The town's Christmas Maltings surgery is currently receiving more than 50 calls a day about swine flu and more cases of the H1N1 virus have been confirmed since the *Weekly News* reported on the first case last month.

Dr Mary Selby has been trying to get a supply of Tamiflu, the anti-viral medication for swine flu, into the surgery's chemist but the West Suffolk Primary Care Trust (PCT) has so far resisted the move.

Dr Selby said other pharmacies in the town had Tamiflu in stock but their opening hours were "limited".

She said: "The 100-hour a week pharmacy in the surgery also wants to have it and the PCT are dragging their heels. We don't know why."

"Because other pharmacy hours are

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

shorter, there is no Tamiflu available in Haverhill between 5.30pm and 9am, not after 12.30pm on a Saturday and not at all on a Sunday.

"Clinically this is barmy – we are inundated with swine flu now and patients need to be able to get supplies, especially for babies."

"TCN, the out of hours service, is also cross about it. They see patients in Haverhill up to midnight and want them to be able to get supplies of Tamiflu from the pharmacy opposite the out-of-hours base. Patients are not happy that they must drive to Bury St Edmunds when there is a pharmacy across the road that's open."

"Patients with swine flu are supposed to start treatment within 48 hours and they cannot understand why they have to wait until the next day or Monday to get it."

"The PCT have said that the pharmacy in

the surgery can supply Tamiflu – but not until 'phase 3', whatever that is."

"This is truly silly. We are trying to help patients here and manage the pandemic effectively. We don't know why the PCT are not supplying the pharmacy."

"They told me earlier in the week that the pharmacy failed to express an interest in stocking the drugs last November – but it wasn't open last November so was not in a position to stock it. They have called it 'our pharmacy' but it is run by an independent pharmacist. We wonder if this is why they are being awkward."

A spokesman for NHS Suffolk said: "Tamiflu is available from designated antiviral distribution sites throughout Suffolk."

"This initial network of sites has been set up to give the best geographical coverage across the county using pharmacies volunteering to act as distribution points."

"There are plans for further distribution points to be established throughout the county and this will include another site in Haverhill."

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Alert over rogue traders

ONE in five households has fallen victim to rogue tradesmen, according to a new survey. Electricians' licensing body NICEIC commissioned a poll in East Anglia, which found 20 per cent of homes in East Anglia had been fleeced by an unlicensed trader and half did not check an electrician's qualifications. More than 12,500 house fires, 750 serious injuries and 10 deaths are caused by hazardous electrics in the home every year. Tony Cable, NICEIC spokesman, said: "Poor electrical work can cost lives and it is vital that homeowners check that anyone doing electrical work in their house is properly qualified and registered with a Government approved schemes, such as the NICEIC. "Registration with a scheme provider demonstrates their competency and ability to do a good, safe job, and will provide a warranty for extra peace of mind."

Dog walker threatened

A WOMAN walking her dog on Haverhill's recreation ground was threatened and followed by a man with a dog last Thursday. Police are appealing for information about the incident which happened at Camps Road, between 6.45pm and 7.10pm. Calls in relation to this incident should be made to Pc Ben Vann at Haverhill police on (01284) 774100.



Club's bumper gift for hospice

SCOOTER enthusiasts have handed over a cheque for more than £500 to their local hospice, raised from the proceeds of a music event.

Paul Firman and Rickii Harvey, of Haverhill Circles Scooter Club, presented a cheque for £555 to Sue Long, from St Nicholas Hospice Care.

The money was raised through the club's Soul and Ska night at the Mount Pleasant Club in Haverhill in the May.

The club would like to thank the winners of

competitions held during the event for donating their prizes to the hospice, as well as the Mount Pleasant Club staff for their hospitality and use of facilities.

The Circles Scooter Club meets on the first Monday of every month at the Mount Pleasant Club. It also arranges regular rides out and nights out.

Anybody interested in finding out more can visit the club's websites at www.haverhillscooterclub.co.uk or www.myspace.com/circles_scooter_club

Ride on: scooter club members hand over the cheque to Sue Long from the hospice.

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Death sparks drug overdose warning

A MAN died from a drug overdose just days after being released from prison.

Suffolk coroner Dr Peter Dean issued a warning about the dangers of illegal drug use as he recorded a verdict of accidental death on Ryan Palmer, 23.

Mr Palmer was found dead at his home in Connaught Road, Haverhill, on March 27 just two days after he was released from Norwich prison.

Dr Dean said Mr Palmer may have lost his tolerance for drugs while in prison and

BY JOHN GOODE

Email: editorial@haverhillweeklynews.co.uk

may have accidentally overdosed with heroin.

"This emphasises the extreme danger of illegal drug use," he said.

"People don't know the strength that they are using. People are more vulnerable if they have lost or reduced their normal tolerance. He had clearly taken great strides to get off drugs."

Dr Dean said Mr Palmer's body was found by Daniel Batt, a friend who had been in prison with him.

Mr Batt said he thought Mr Palmer had not used drugs while he was in prison and had seemed more healthy.

"He said he was finishing with drugs," Mr Batt said in a statement read by the coroner.

A post-mortem examination showed Mr Palmer had died as a result of heroin toxicity which caused respiratory failure and cut the oxygen supply to his brain.

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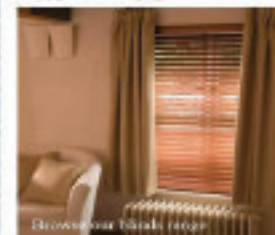
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Queen Street traders' fears over new works

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

BELEAGUERED traders could be "pushed over the edge" if disruption from repaving work in their street is then followed by shopfront improvements.

That was the view of traders who met Haverhill's town centre management group last week and heard that Queen Street's shops are set to get a makeover.

St Edmundsbury Borough Council has set aside £50,000 for shop owners to apply for grants of up to £7,000. It is part of an overall £400,000 scheme to enhance links between Queen Street and the new Tesco store, funded jointly by the supermarket giant and the council.

Pat Hunnisett, a jeweller who used to run a business in Queen Street, said repaving works along the entire street were already causing chaos. A makeover of shopfronts could cause further disruption to trade at a busy time of year.

She said: "Business is tough enough without having all this work done and then new shopfronts fitted."

"As beautiful as it will be when it is done, it will really impact on people's businesses and it might be better to wait until after Christmas."

Paul Farrant, of Zeis clothing shop, said not enough cash was on offer to make a real difference to the street.

He said: "You are talking about a drop in the ocean. If you want Queen Street to come up to date it is a silly amount, a joke really. You are talking about a lick of paint, nothing more."

Mike Dawson, the council's corporate director for Haverhill, said further funding might be available in future.

Patsy Dell, from the borough council, said the repaving work was due to be completed before Tesco opened.

There would be a two-month period for traders to apply for grants and have plans drawn up before the shopfronts scheme went ahead, probably by late September.

Adam Whittaker, chairman of the Haverhill Area Working Party, said the group would liaise with traders to find the best time to carry out the work.



Dipping in: children and volunteers at the wildlife site.

Picture: Keith Jones 574528.

Youngsters Go Wild at park

A NEW area for children to go pond dipping and see small animals and insects has been officially launched.

Haverhill Volunteer Centre has been working in partnership with East Town Park staff to develop a wildlife site on Manor Road.

The Go Wild project is a conservation scheme for volunteers from nine-years-old.

The transformation includes a nature trail, small pond and seating. An existing fox burrow has been preserved together



with plant life, insects and small animals that naturally live in the habitat, some of which are protected species.

Elaine Hewes, volunteer centre manager, said: "We are hoping the wildlife area will be enjoyed by schools, youth groups and

local organisations. "Groups will be able to research the wildlife at the site by contacting Colin Jakes at East Town Park.

Help boys in blue go green

CHILDREN in Cambridgeshire are being given the chance to win a day with police.

The Cambridgeshire force's environment officer is running a competition for school pupils aged between 8 and 11. Pupils must design a poster to encourage force staff to save energy to reduce global warming.

Caroline Bradley, environment officer, said: "The competition is an opportunity for schools to raise awareness of everyone's responsibility to tackle climate change."

"Within the force we are always looking at ways of saving energy to do our bit and this poster campaign is about reminding staff that they need to take action."

PCSOs will be visiting schools in the county to raise awareness of the campaign and telling children how to get involved.

The competition runs until August 7. Entries should be sent to Caroline Bradley, Environment Officer, Police HQ, Huntingdon, Cambs PE29 6NP.

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If you have any feedback for us then please contact the relevant person or people listed below.

MEET THE TEAM

MANAGING DIRECTOR

Graham Ayres
01223 434434

EDITOR

Nigel Brookes
01223 434274
nigel.brookes@cambridge-news.co.uk

DEPUTY EDITOR

Daniel Newell
01223 434325
daniel.newell@cambridge-news.co.uk

REPORTER

Jo Deeks
01440 703891
jo.deeks@cambridge-news.co.uk

ADVERTISING

Caroline Mifsud
area sales manager

Louise Cohen
media consultant

Melissa Adams
media consultant

01440 703891

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4 Queen Street, Haverhill, CB9 9EF
01440 703891; Fax 01440 761342

email: editorial@haverhillweeklynews.co.uk
advertising@haverhillweeklynews.co.uk

Cambridge: Winship Road, Milton, Cambridge
CB24 6PP
01223 434434

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MEMORIES



■ THIS week's picture, taken from our archives, shows children getting to work on a painting project. Do you recognise anyone in the picture or know what the event was? Do you know where and when it was taken? Send your answers to: **Memories, Haverhill Weekly News**, 4 Queen Street, Haverhill, CB9 9EF by Tuesday morning, or email editorial@haverhillweeklynews.co.uk

Picture: 567475.

Last week's Memories photograph, from our archives, showed Red Nose Day celebrations at Haverhill's Castle Manor Upper School. It was taken in February, 1988. John Grinham recognised the picture and wrote in with fond memories of the event. He said: "It was Red Nose Day at Castle Manor Upper School, now Castle Manor

Business and Enterprise College. "Featured along the back of the photo are five teachers: Gerry Blake (half hidden); Ann Prue with a red nose; Maggie Dix, assistant head of year; myself, also a head of year then; and then there is Nasreen Saxton, chemistry teacher, near the middle. "I have been trying to recognise some of the

students. I think the girl on the right is a Wilson, Rachel or Judith? My memory isn't what it used to be! "I am still at Castle Manor but only part time teaching as Ann Prue and I have both retired, having been there over 34 years. But what a great place it used to be! "Happy memories."

Picture: 567477.



Filmmaker's battle to break down mental health barriers

A YOUNG filmmaker who overcame alcoholism to graduate from college has made a video tackling mental health discrimination.

Mark Allard graduated in September last year and has since produced a documentary called *Mental Health in the Community*.

He said: "It came to me as my thirst for activism against mental health discrimination and my want to produce another video project combined.

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

"I am diagnosed with a serious mental illness called bipolar rapid-cycling disorder, a type of bipolar disorder, and I felt I had to prove to the world that people with mental illnesses are exactly the same as 'normal society'.

"Although England is apparently light-years ahead of countries such as France and Brazil in terms of breaking down mental health

discrimination, there is still a lot of unnecessary, and to be frank, uneducated aggression towards people with mental health issues. People who, in the whole, are innocent and do not deserve this kind of treatment.

"This is one of the many things that *Mental Health in the Community* stands to challenge with its form and content, as well as covering issues such as employment discrimination and the seemingly unexplainable link between mental illness and creativity in the arts."

Mark, from Haverhill, started shooting the project by getting mental health charity Rethink on-board by requesting their help to find participants for the documentary.

He also received help from the current anti-discrimination campaign Time To Change. He then began a month-long period of shooting with co-director Jack Valente.

The documentary can be seen on the Haverhill community website, My Haverhill, at www.myhaverhill.co.uk

LETTERS POLICY

Letters should arrive by noon on the Monday before publication. Full name and address must be supplied and details will

be withheld only in exceptional circumstances. Letters should be no longer than 250 words and may be edited.

Please email your letters to

editorial@haverhillweeklynews.co.uk

Alternatively write to: Letters to the Editor, Haverhill Weekly News, 4 Queen Street, Haverhill, CB9 9EF

Jail for women 'unnecessary'

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

A FORMER Suffolk women's prison where three inmates died in less than 10 years has been cited in a report calling for fewer women to be locked up.

The Howard League for Penal Reform released new figures which reveal that three women died in Edmunds Hill Prison, Stradishall, between 1999 and 2008. Edmunds Hill became a women's prison in 1997, but then became a male establishment again in 2005.

These deaths are a part of the national figure of 1,668 women who have died while in state care. This figure includes 72 women officially recorded as 'self-inflicted deaths' in prison. Another three women died in prison and were categorised as self-inflicted deaths this year, with one woman dying from natural causes.

The Howard League has launched a campaign to put a stop to the increasing number of women being sent to prison in England and Wales.

The Lost Daughters campaign recommends that prison for women is unnecessary. The very few really dangerous women should be held in small, secure units that can deal with their needs and prepare them for a safe return to the community.

Self injury rates among women in prison rose by 48 per cent between 2003 and 2007.

Despite women constituting only 5 per cent of the overall prison population, they commit more than half of all self-harm incidents in prison, and there have already been three suicides this year.

The Lost Daughters campaign cites two stories – one of Sarah, aged 18, who died within 24 hours of arriving at Styal prison and the



Deaths: Edmunds Hill Prison, cited in a report from the Howard League for Penal Reform.

second of Susan, who was imprisoned after a deeply traumatic childhood and severe self injury left her in a life-threatening condition.

The Howard League obtained an emergency injunction that moved her from prison to a secure hospital.

Frances Crook, director of the Howard League for Penal Reform, said: "The number of women dying in state custody over the last 10 years is a shaming indictment of our penal system.

"Judges and magistrates must not send women into our already bulging jails when effective community sentences are readily available.

"With the present level of overcrowding in prisons, people can be condemned to an early death, despite the best efforts of over-stretched prison staff.

"The overall figure of 1,668 female deaths in custody since 1998 tell a story of neglect and violence, with suicides and deaths by apparent natural causes all at alarmingly high levels.

"Each one of these deaths should sit uncomfortably on the consciences of the authorities and the nation.

"Our Lost Daughters campaign draws attention to the shocking number of women languishing in our prisons and aims to put a stop to these unnecessary deaths."

Cash crisis 'looming'

CAMBRIDGESHIRE'S health scrutiny committee must focus on a "looming cash crisis" and mental health services, a councillor says. Cllr Geoff Heathcock has started another two-year spell as chairman of Cambridgeshire County Council's health and adult social care scrutiny committee.

He said: "There is the looming cash crisis facing the county health system. In a county with a growing population, demand always outstrips supply. There remain worries about the delivery of specialist mental health services across the board."

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Lots of love from Phyl and all the family

XXX

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XXXX

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'10 years'



All my love, Adam

XXXX

In Memoriam

OSBORNE Christopher Donald

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With all our love, Mum, Dad, Andrew, Graham, plus too many friends to list.

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Anniversaries

MORRIS Michael, Barbara, Elizabeth and the family of the late Joan, wish to thank all who sent kind messages of sympathy following their recent sad bereavement. Thanks also to those who attended the funeral service and sent kind donations for the Alzheimer's Society in her memory. Please accept this as an expression of their heartfelt gratitude.

Birthdays

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P.O. to benefit from revamp

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

A POST office will stay open while a major refurbishment scheme takes place over the next month.

Work started on Sunday at the Post Office in High Street, Haverhill, and will be completed by early August.

A Post Office spokesman said customers would benefit from the refurbishment, which would provide a lighter, brighter and more modern environment.

The spokesman said: "The refurbishment will result in a new, modern layout which will deliver real customer benefits, whether people are visiting the branch to post a letter or find out more about our range of financial services such as credit card, savings and insurance products."

"We expect that the refurbishment will take around three weeks to complete. I am sure that customers will be delighted with the new facilities that will be available once the work is completed."

"The branch will remain open during the refurbishment and will continue to offer the full range of services. The Post Office will be making every effort to ensure that any disruption is kept to an absolute minimum, with the majority of work taking place outside of opening hours."

The spokesman added the Post Office operated in extremely competitive markets and it was vital its retail outlets offered attractive premises to retain and attract customers.

The investment in Haverhill Post Office would not only offer an improved customer service area, but would also provide a more professional environment for the Post Office team to offer customers information on its wide range of services.

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Man fails to turn up at court

MAGISTRATES issued a warrant without bail for the arrest of a man who failed to turn up in court to be sentenced for possessing an air rifle in a public place.

Matthew Stiebrins, 27, had pleaded guilty to the offences at an earlier hearing and his case was adjourned by Bury St Edmunds magistrates until last Thursday for pre-sentence reports.

At the original hearing the court heard Stiebrins, of Howe Road, Haverhill, had been drunk when he was arrested by police after being seen pointing a loaded .22 air rifle at people's homes.

Declan Gallagher, for Stiebrins, said his client had failed to keep an appointment with social workers for a report to be prepared as he had not received a letter giving him the date. Mr Gallagher asked for an adjournment because his client did not have any money to get to court and his father's car had broken down, so he could not get a lift.

Emergency services to show their skills

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

FLASHING lights and sirens will be in evidence on Haverhill Recreation Ground this weekend when local emergency services host a 'Blues and Twos' Day.

Suffolk Constabulary is joining other emergency services and local organisations to give an insight into their work.

The 'Blues and Twos' open day is being held at the Recreation Ground in Camps Road between 10am and 4pm on Saturday.

Events in the main arena include a mocked-up road crash, a first aid demonstration and a tug-of-war competition.

Dogs and their handlers from the Suffolk Police Dog Unit will be in attendance, demonstrating their work in scenarios from searching for illegal substances to crowd control, alongside a roads policing officer with his motorbike and the



Organiser: Andrew Mason.

police pod filled with crime prevention advice.

Suffolk Fire and Rescue will be demonstrating their aerial ladder, as well as how they tackle a chip pan fire. They will be joined by a foam tender from Stansted Airport and numerous classic fire engines.

Alongside the traditional emergency services will be the

Suffolk Lowland Search and Rescue (SULSAR), whose skills are often vital in the search for vulnerable missing people, and a number of local voluntary groups including St John Ambulance who will be giving visitors the chance to learn CPR, local First Responders and the Red Cross.

Local Scout and Guide groups will have their own camping area set up, and the Territorial Army will be on hand to show their vehicles and equipment, including historical army vehicles.

Haverhill Inspector Andrew Mason, who helped organise the day, said: "This event brings together key services which make a real impact on people's lives. We hope people will come along to find out more about some of the voluntary roles such as retained firefighters, First Responders and the Special Constabulary, and to meet police, fire and first aid professionals to gain an awareness of what we all do."

Refreshments will be available on the day, and entry is free.

Man accused of having indecent images

A 55-YEAR-OLD man has appeared in court accused of having 650 indecent images of children on his computer.

Kim Bearstead, of Orkney Close, Haverhill, faces 16 charges of making indecent photographs of children under 13 and one of possessing

an indecent image.

He appeared at Bury St Edmunds on Tuesday before district judge Samantha Leigh, who adjourned the case until

Tuesday, July 28, and granted him bail on condition that he does not use any device which allows access to the Internet.

Estate car stolen

A GREEN Daewoo estate car, registration S789KLU, was stolen from a car park at Leiston Road, Haverhill, between 3pm on Saturday and 6pm on Monday.

Calls in relation to this incident should be made to Pc Carl Brandwood on (01284) 774100.

Damage at school

A STORAGE box and a summer house were damaged on school premises at School Lane, Haverhill, between 6.30pm on Friday, July 3, and 9am on the Monday.

Calls in relation to this incident should be made to Pc Cris Reynolds on (01284) 774100.

Slab smashes window

A PAVING slab was thrown through the window of a house at Chedburgh Place, Haverhill, at around 12.15am yesterday.

Calls in relation to this incident should be made to Pc Maria Allgood on (01284) 774100.



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Top three villages highly praised

VILLAGERS at Helions Bumpstead are celebrating scooping third prize against strong opposition in the Calor Essex Village of the Year competition.

Winner of the event was Great Bardfield, with Bicknacre second, and all three villages will go forward to represent Essex in the next Village of the Year for

England event.

The competition is organised by the Rural Community Council for Essex and winners received their £500 prizes at the organisation's annual general meeting.

Nick Shuttleworth, RCCE director, paid tribute to all the entries and said winner Great Bardfield summed up perfectly the

contest's aim of rewarding vibrant, enterprising and caring villages.

He said: "Bicknacre and Helions Bumpstead also deserve praise for some exciting initiatives. At Helions Bumpstead, the village hall committee organises its own farmers market every month to help fund the refurbishment of the building."

Summer soccer festival kicks off

FOOTBALLERS battled it out as the inaugural Haverhill Summer Football Festival kicked off on Sunday with a Haverhill Show five-a-side competition on the Recreation Ground.

The Summer Football Festival consists of three football events in Haverhill, and is one of the only towns in the UK to host such an event.

The competition saw 16 teams from all over the region vying to be crowned champions while raising money for LAMPH, the Haverhill-based charity for children and adults with disabilities.

After a long battle in the group stages, the semi-finals saw Arrandene Athletic beat Grampian A in a tense penalty shoot-out while ATEC from Bury St Edmunds comfortably progressed after beating Haverhill Bull.

The final saw last year's semi-finalists, Arrandene, outplayed by a classy Brazil-esque ATEC, with ATEC winning 7-1 and lifting the new Haverhill Show five-a-side trophy.

Liam Plumridge, competition secretary and festival organiser, said: "It was a good day for teams to get back into Sunday football spirit, and overall an enjoyable start to the festival."

Liam would also like to thank Jimmy Sheppard, Dudley Haylock, Chris Emmerson, David Rogers and Gary Farrow for their contributions to the day.

Mick Driver, chairman of the Haverhill Show committee, said: "It was an excellent day, teams really enjoyed themselves and we hope this will be an annual event."

Mick also thanked Liam Plumridge for his extremely hard work in organising the tournament.

The football festival is looking for more events to add to the calendar and teams interested in holding their own events or sponsorship should email Liam at l.plumridge@btinternet.com

The next event is on Sunday, August 9, for the Haverhill and District 11-a-side competition.

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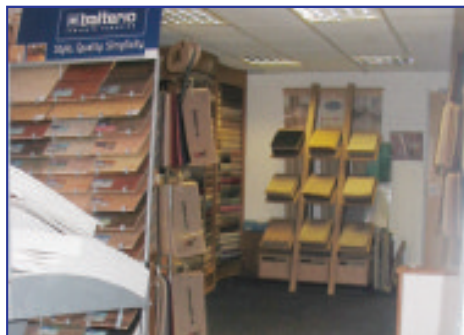
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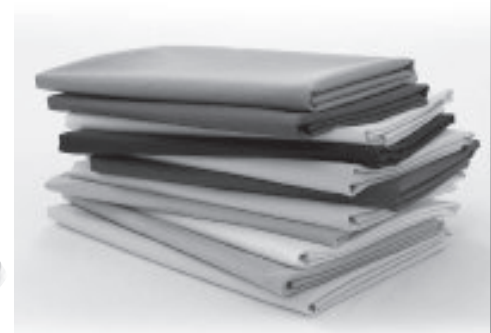
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Plans submitted for thatched cottage

A LISTED building application to replace sections of thatch at The Cottage, The Street, Great Wratting, has been submitted to St Edmundsbury Borough Council.

The plan is to replace the eyebrow thatch finish to a front dormer window and re-instate the original dormer window with clay plain tile finish, and replace the thatch finish to a rear addition with clay plain tile roof finish.

Thief takes keys left in boot lock

A SET OF car keys accidentally left in the boot lock of a maroon Ford Fiesta parked in the street at Cavendish Court, Haverhill, between 2pm and 6.25pm on Sunday, July 5, have been stolen. Calls in relation to this incident should be made to Pc Victoria Anthistle at Haverhill police on (01284) 774100 or Crimestoppers on 0800 555 111.

Bid to replace lean-to building

A LISTED building application to demolish a lean-to building and replace it with a timber frame building at Freedom Farm Stud, East Green, Great Bradley, has been submitted to St Edmundsbury Borough Council.

Man warned for possessing drugs

A 29-YEAR-OLD man from Haverhill was cautioned for possession of cannabis and failing to comply with a notice, after he was directed to leave the town centre on the evening of Friday, July 10.



Pupils use art to have picnic

PRIMARY school pupils got their paint brushes out to create some artwork which they could sell to pay for a well-deserved end-of-term picnic.

Key Stage 2 children at Westfield Primary School in Haverhill held an art exhibition of the work created after the pupils had studied work by various artists such as Hundertwasser and Kandinsky, in line with the international primary curriculum and had worked on their own interpretation.

The Westfield Tate Gallery 'Shiver and Shake' exhibition was a resounding success and children acted as 'meeters and greeters' and gallery assistants.

Head teacher Rosie Campbell said: "Our very supportive and super parents contributed £1 or more. A grand total of £85 was raised during the afternoon and parents were able to take home an 'original' artwork."

Young artists: from left, Ailisha Cooke, Lucy Wilson and Jack Maxwell, all aged 9. CP

Search on for health centre site

IDEAS on where a permanent walk-in clinic should be built at Haverhill are being sought by a local steering group.

The Haverhill Locality Group was set up to establish a permanent location for a new GP-led health centre in Haverhill by 2012, with the new temporary Crown Health Centre off Withersfield Road opening last month.

BY JO DEEKS

Email: editorial@haverhillweeklynews.co.uk

At its latest meeting the group started to plan for a permanent building to house the centre with additional services such as X-ray facilities. The group will also listen to suggestions from members of the public on the kind of health services

they would like at the permanent centre when it opens from 8am to 8pm, seven days a week – the same opening times as the Crown Health Centre currently offers.

The group's members include representatives from NHS Suffolk, local GPs, the Haverhill Association of Voluntary Organisations, councillors from St Edmundsbury Borough Council and Haverhill Town Council

and patient representatives.

Martin Royal, director of external relations and business development, said: "NHS Suffolk will assess all the suggestions we receive from both the group and from members of the public. When the permanent centre opens in 2012 we want to ensure it offers the people of Haverhill and the surrounding area the very best in local healthcare."



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41YR old male, blond, 6ft, blue eyes, loving, caring, romantic, likes pubs, meals out, walks, cycling, seeks female for loving relationship. Tel No: 0905 436 0416 Box No: 367474

MARK 34, 6ft, medium build, average looks, likes most things, seeks female. Tel No: 0905 436 0416 Box No: 369116

ATTRACTIVE eligible bachelor, 36, 5ft 10ins, no ties, seeks similar female for friendship, maybe more. Tel No: 0905 436 0416 Box No: 329806

DAVID 6ft, brown hair, 50, likes theatre, seeks female for fun and friendship. Tel No: 0905 436 0416 Box No: 368998

WHITE male, 6ft 1ins, medium build, blue eyes, brown hair, seeks lady, 21-45 for LTR. Tel No: 0905 436 0416 Box No: 368962

ATTRACTIVE 35yr old muscular male, professional, seeks attractive, slim female for romance and fun. Tel No: 0905 436 0416 Box No: 368958

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ATTRACTIVE easygoing male, 39, seeks special lady for lots of loving fun. Tel No: 0905 436 0416 Box No: 367370

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WARM loving male, N/S, 5ft 11ins, likes walks, nights in, seeks male, 36-46 for LTR. Tel No: 0905 436 0416 Box No: 345808

GAY guy 49, 5ft 7ins, dark hair, seeks male, 25-65 for open-minded fun. Tel No: 0905 436 0416 Box No: 313789

NICKY 60, seeks bi male, late 70's or older for fun. Tel No: 0905 436 0416 Box No: 312441

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Two bikes, two years and one reason to travel the Americas



SITTING in her shady summerhouse, watching a robin take a dip in the pond, Joy Martin is enjoying a moment's peace. It is, she explains, the calm before the storm: in just a few days, she and husband Joff Duck will embark on a two-year expedition – to cycle right across the Americas.

"He first mentioned it when we were on honeymoon," explains Joy, with a laugh. "We were in Chile, sitting on a bus, and saw these cyclists go past. Joff said 'I've always wanted to cycle across North America and then all the way down to the southernmost tip of South America. What do you think?' ...

"I said 'Yes, alright then', little realising that we would actually go – or that we'd go so soon. It's 22 months since the wedding and we'll be travelling for 24, longer than we've been married. That's quite a scary thought!

"But we're both very excited. And we know we're doing it for a very good cause."

Looking out on her idyllic country garden, complete with pet

About to embark on a sponsored cycle ride across the Americas – which will span 20,000 miles and two whole years – Lode couple Joy Martin and Joff Duck tell ALICE RYAN about her battle with chronic fatigue, their meeting online and why they want to raise £50,000 for charity.

chickens pottering about on the lawn, Joy pauses as Joff walks into the summerhouse with a loaded tea tray. Settling on the sofa, mugs in hand, the couple explain they are cycling in aid of Action Duchenne – aiming to raise £50,000 for the charity.

Duchenne Muscular Dystrophy is, adds Joy, a cause close to their hearts. A friend's son, George, 5, is battling the condition: a rare and incredibly severe muscle wasting disease, it causes paralysis and, eventually, death.

Found mostly in boys, it's a genetic condition which affects about 100 children born in the UK each year. Sufferers have a life-expectancy between early teens and mid-30s.

"It's just tragic," says Joy, a youth worker. "We thought this was a good way not only of raising money for Action Duchenne, but also of raising awareness of the disease."

Cycling across the Americas, some 20,000

miles, would be a challenge for anyone. For Joy, who has fought her own battle against ill-health, it will be an awe-inspiring achievement.

"Six years ago I developed chronic fatigue syndrome," explains the 47-year-old.

"My nephew had really bad flu and he spent a whole day just lying on me. I then caught the flu and so did my sister, who's incredibly fit.

"It knocked us both out for about 10 days; we were phoning each other, saying 'Can you move yet?' But, while she gradually got better, I didn't.

"It was like the flu never went: I still had the aching limbs, the terrible tiredness ... It felt like I was dragging my body through treacle. And, every day when I got up, it seemed that the sky was grey. After a while, I forgot what normal was, really."

A very active person, Joy used to cycle to work – in Cambridge, from her cottage in Lode – every day. She went running as

often as possible. And she was doing several different jobs: as well as doing youth work herself, she was training new youth workers too.

"I was very busy," admits Joy. "But that's how I like to be. When I developed the chronic fatigue it was awful: all of a sudden I couldn't cycle anywhere, and I certainly couldn't run."

Consulting the doctor, Joy was referred to a specialist. "Everyone seemed to think I had depression," she remembers. "I thought, 'No, I'm not depressed'. But when lots and lots of people are telling you something you do start to think 'Well, maybe I am. Maybe I'm just missing it'."

Prescribed medication, Joy says it made her feel worse – even more exhausted – than before. So she stopped taking it. Going on to see another therapist, a specialist in cognitive behavioural therapy, Joy's chronic fatigue was finally identified; she began a

Preparation: Above, Joy Martin and Joff Duck plan their route. Right, George, 5, the boy who inspired the couple's fundraising campaign.

Main picture: Keith Heppell 549778.

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Grand tour: Joff Duck and Joy Martin gear up for their two year cycle tour of the Americas.

rehabilitation programme and says she has never looked back.

"I started by doing just a few minutes' exercise at a time, and gradually built it up," she explains. "I don't know if I'll ever be totally over it: I'll always have to listen to my body and make sure I rest when I need to."

Joy and Joff, who are funding their trip themselves (by, among other things, renting out their cottage), plan to cover an average of 50 miles a day, five days a week. "Some days we might do 100 miles; other days we'll only do seven," explains Joff. "And we've allowed two rest days a week."

Joff, 41, has, he confesses, dreamed of cycling across the Americas for years – inspired, in part, by travel writers like Bruce Chatwin.

A conservation officer, Joff has quit his job to go travelling; Joy, who worked at Eotas (Education Other Than At School) in Cambridge, has left her job too. It is, they admit, a huge life change. But both seem undaunted.

"Joff and I met online, believe it or not," says Joy, laughing again. "I started online dating because I just couldn't meet anyone who was intelligent and adventurous; as Joff says, that's an important part of the mixture."

"I started online dating as a bit of fun," adds Joff, with a grin. "I'd met a few mad women, to be honest, and someone suggested I

try it. I thought there was a bit of a stigma attached to it, but thought it might be fun.

"When I started I thought it was brilliant. It was like being in a sweetshop. I met up with one girl and we didn't really get on. And then I met Joy."

The couple's first date, at Quy Mill, was in the August of 2006. By September, Joff knew he'd met Miss Right. "We went out for dinner and I remember saying 'One day we're going to get married'; Joy smiled and said 'Yes'.

"I'd never been anywhere remotely near that point before in my life, but we just seemed to fit."

A year after they met, Joy and Joff were married. He'd moved into her house in Lode and they decided to wed at the village church – and then have a reception in Joy's beloved garden.

Although Joff mentioned the mammoth cycle ride during their honeymoon, the couple only decided they were definitely going to do it last Christmas. And, ever since then, it's been all systems go.

As well as updating their cycle kit, they have spent hours researching their route. Producing a whole sheaf of road maps, Joff unfurls the first – to show their official starting point, in Halifax, Nova Scotia, Canada.

The journey will then tack right across North America, through Idaho, Minnesota, Montana, Washington, and then straight down the west

coast of South America. The South American leg goes through Guatemala, Nicaragua, Costa Rica, Panama – and right through the Andes.

It will, adds Joff, be a tough ride at times.

The expedition will end, in two years' time, at Ushuaia in Argentina, known as southernmost city in the world.

While planning, Joy and Joff joined an online network for couch surfers: in turn for giving travellers a bed for the night in the UK, they can stay with fellow surfers in their homes – wherever in the world they might be.

The couple kick-started their fundraising for Action Duchenne by opening their stunning garden, nestled right behind the church in Lode. And they also organised an auction of promises, offering everything from a day's fly fishing to the use of a holiday home in the Alps. So far they have raised more than £4,000.

The couple have set up a website, www.cycletheamericas.org, so their supporters can chart their progress; they will be blogging as often as they can.

"It is really exciting," adds Joy. "Just think: by the time people read this, we'll be somewhere in Canada ..."

■ To help Joy and Joff reach their £50,000 fundraising target visit www.cycletheamericas.org

■ For more information about Duchenne Muscular Dystrophy go to www.actionduchenne.org

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Top honour: right, Lee Kidd, sales and marketing director of ARDEX UK, receives the award certificate from Richard Catt, chief executive of the Contract Flooring Association. CP

Firm sweeps up flooring award

A FLOORING company is celebrating after winning a top industry award for an unprecedented 10th time.

Haverhill based ARDEX UK has again been named winner of the Contract Flooring Journal/Contract Flooring Association Award in the

'Smoothing Compound of the Year' category.

Shakespeare's Globe Theatre in London played host this year to the prestigious flooring industry awards, and being announced a winner is a great accolade – one upon which ARDEX places particular

importance because it's the contractors who decide who is triumphant.

Accepting the award on behalf of ARDEX, Lee Kidd, sales and marketing director said: "We are delighted that ARDEX NA smoothing compound continues to be regarded by

flooring professionals as their product of choice. ARDEX strives to offer products that deliver unequalled performance to our contractors and products that are renowned for coping with the most difficult of site conditions."

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WEEKLY NEWS THE GUIDE

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Tragic and funny turns in gardens

THERE can be few finer ways to while away a warm summer's evening than watching an open-air play in the beautiful grounds of a Cambridge college – assuming the weather is kind, of course.

But even a serious downpour couldn't dampen the delights of the Cambridge Shakespeare Festival, recently listed fourth in the *Independent on Sunday's* Top 50

Arts Festivals in the UK.

Up to 25,000 visitors regularly come to the eight-week event, which features six of the Bard's finest works performed in full period costume along with live Elizabethan music.

The audience is invited to bring picnics before each performance, so pack your hamper and take your pick from the following:

■ **The Merchant of Venice:** Robinson College Gardens, Monday, July 13-



Drama: above and left, actors, performing in period costume, rehearse *Romeo and Juliet* at Downing College Gardens.

Saturday, August 1 (charity performance Saturday, July 18)

Shakespeare's fast-paced tragi-comedy of deception and masquerade sees Bassanio needing cash to woo the heiress, Portia, and borrowing a sum of money from the merchant Shylock. But Shylock demands his bond too soon and Portia, in disguise, intercedes to conduct one of the earliest ever courtroom dramas.

■ **Much Ado about Nothing:** St John's College Gardens, Monday, July 13-Saturday, August 1 (charity performance Saturday July 25)

This sharp and witty comic romance tells the tale of confirmed bachelor Benedick, his unlikely courtship of the free-spirited Beatrice, and the attempts of the scheming Don John to upset the course of true love.

■ **Romeo and Juliet:** Downing College Gardens, Monday, July 13-Saturday,

August 1 (charity performance Saturday August 1)

The contrast between the gentle intimacy of everyone's favourite star-crossed lovers and the stark violence of two feuding families is explored in one of Shakespeare's most famous tragedies.

■ **The Tempest:** Trinity College Gardens, Monday, August 3- Saturday, August 22 (charity performance Saturday, August 8)

A remote island inhabited by the banished sorcerer Prospero, his beautiful daughter Miranda, and the intangible figures of Ariel and Caliban form the setting for Shakespeare's final play.

■ **The Merry Wives of Windsor:** King's College Gardens, Monday, August 3-Saturday, August 22 (charity performance Saturday, August 22)

The scheming Sir John Falstaff attempts to seduce not one but two married women,

but his plans backfire hilariously – and sparks fly as Mistress Page and Mistress Ford plan their riotous revenge in Shakespeare's comic farce.

■ **Measure for Measure:** Robinson College Gardens, Monday August 3-Saturday August 29 (charity performance Saturday August 22)

Classified as one of the Bard's "problem plays", this bold and intense production tells a tale of abused power and moral corruption as the puritanical Angelo pursues the innocent and angelic Isabella.

■ **Venues for The Cambridge Shakespeare Festival vary, but all performances start at 7.30pm (except one charity performance per show, which starts at 2.30pm). Tickets £14 (£10 concessions). To book, contact www.cambridgeshakespeare.com**



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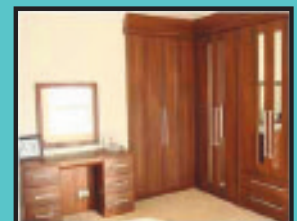
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It's a good time for buying or selling property. This will happen quite suddenly, and the result will be great. You may want to move to a relatively private spot. Although you're very social, you need a secluded area to recharge your batteries.

To hear more call 0905 333 4817

Taurus Nov 21 - Dec 21

It's possible you will be offered a job that involves teaching or writing. This position will put you in contact with some interesting people. Normally, you prefer sticking with your own kind but you'll enjoy mixing with characters from all walks of life.

To hear more call 0905 333 4817

Gemini Nov 22 - Dec 31

A job opportunity helps you on the road to fame and fortune. It's great to get paid for something you love to do. Opportunities related to entertainment, charity, and health care are all options. A dear relative may have a dim view of your career choice.

To hear more call 0905 333 4817

Cancer Nov 22 - Dec 31

Finding surprising ways to apply your expertise gives you a new level of confidence. Don't be surprised if you're asked to teach, write, or lecture. People look to you as an authority, even if you don't have formal training.

To hear more call 0905 333 4817

Leo Nov 23 - Dec 31

Trusting your instincts will help you bond with someone special. The two of you have a very potent and powerful chemistry between you. If you're single, you could meet someone special at a place of worship or a hospital.

To hear more call 0905 333 4817

Virgo Nov 23 - Dec 31

Pitching in with a team effort gives you a new lease on life. You like being of service to others, but working with your peers will give you a greater sense of confidence. An authority figure could be giving you mixed signals, making your job much harder.

To hear more call 0905 333 4817

Libra Nov 23 - Dec 31

Public recognition is coming your way, so get ready for the spotlight of attention to be trained on you. It's great to know people enjoy your creative vision. If you've ever wanted a career in fashion, film, or television, take the plunge now.

To hear more call 0905 333 4817

Scorpio Nov 23 - Dec 31

A chance to travel abroad, widen your knowledge base or get published could arrive suddenly. Follow it up and life will never be the same afterwards. A close relationship could be showing signs of strain. Your friends may not approve of a new partner.

To hear more call 0905 333 4817

Sagittarius Nov 23 - Dec 31

Things are looking good right now thanks to a romantic or business partner. Now you have more money, you can afford a down payment on a house. Resist the urge to spend it on meaningless luxuries. You need to establish long term stability.

To hear more call 0905 333 4817

Capricorn Nov 23 - Dec 31

Old relationships evolve into newer, stronger friendships. Someone could get engaged or married quite suddenly. It's even possible you'll form a business partnership. No matter what the nature of this bond, it will have some unusual aspects.

To hear more call 0905 333 4817

Aquarius Nov 21 - Dec 31

There's never been a better time to start getting in shape. If you've had difficulty staying on track before, that won't happen now. It will be much easier to lose weight, tone up and not put it all back on. Changing your diet can really help.

To hear more call 0905 333 4817

Pisces Nov 23 - Dec 31

A romance, creative project, or family decision could turn your life around. It's time to make room for joy and that might mean cutting back on work, even at the risk of losing money. You don't need to be wealthy to have fun.

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THEGUIDE MUSIC THEATRE SCREEN

Funding Twist for college show tour

DRAMA students are taking a touring production of *Oliver Twist* out on the road thanks to European funding.

The E0.45 Theatre youth group from West Suffolk College will be going out to schools and youth groups in Suffolk over the next six months with the production, which focuses on the transition from childhood to teenage years.

They applied for a grant from the British Council, and were awarded almost £10,000 under the Youth



On the road: The E0.45 Theatre youth group, including actors Lee Copping and Kyle Andrews, above, will be taking *Oliver Twist* on tour.

Hamsters and aliens let loose at the arts centre

EASTERN Angles theatre group return to the Haverhill Arts Centre tonight to get audiences moving with two performances.

Getting Here, by Ivan Cutting, will be staged at 8pm and 8pm.

As a young couple prepare to fly to their new home the journey is hijacked by a charismatic Caribbean captain whose flight crew demand the most extraordinary customs inspection ever!

This site-responsive play, which moves from room to room and is inspired by the stories of local people, will have you on your feet, boarding pass at the ready, as the security staff examine not just your baggage but your very soul. Welcome aboard; please have your documents ready!

Guitar, bass and drums trio The Hamsters have long been established as a premier blues-rock attraction and you can catch them at the arts centre tomorrow night.

They will be performing two sets of Jimi Hendrix and ZZ Top music with some Hamsters' originals thrown in! Book your tickets before the night and save yourself some money. Tickets are £12 before or £14 on the night and the show kicks



They're back: The Hamsters play the arts centre tomorrow night.

off at 8pm.

Tall Stories perform *Room on the Broom*, based on the book by Julia Donaldson and Axel Scheffler, at the arts centre next Tuesday at 12pm and 2.30pm.

The witch and her cat are flying happily on their broomstick until a stormy wind blows away the witch's hat, bow and wand. There're songs, laughs and scary fun for children aged 3 and upward from the company behind the much-loved *The Gruffalo* and *The Gruffalo's Child*.

Desperado - The Eagles Tribute comes to the arts centre stage on Friday, July 24, at 8pm. It will take

arranged for her son to marry the daughter of another rich courtesan. It stars Rupert Friend, Michelle Pfeiffer and Kathy Bates. It screens at the arts centre tonight and next Tuesday at 7.45pm, plus 1.30pm on Monday.

The children will love *Monsters Vs Aliens* next Wednesday and again on Monday, July 27, at 10.30am. When Susan is hit by some outer-space gunk she mysteriously becomes a giant and is placed in confinement with a rag-tag group of other monsters. But when an alien robot lands on earth, the president of the United States enlists the motley crew to save the planet.

For those who missed *The Young Victoria* (PG) in May, the arts centre is screening it again next Wednesday at 7.45pm. From acclaimed writer Julian Fellowes (*Gosford Park*) this is the story of Queen Victoria's early rise to power. Emily Blunt gives a stunning performance in the title role, tracing Victoria's journey from being an object of a royal power-struggle to her romantic courtship with Prince Albert.

For more details about the shows, or to book tickets, phone (01440) 714140 or go to www.haverhillartscentre.co.uk

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HAVERHILL CINEWORLD 0871 200 2000 Times from Friday, July 17, until Thursday, July 23. The Proposal (12A): Wed & Thu 11.20am, 1.45pm, 4.15pm, 6.45pm, 9.15pm. Harry Potter And The Half-Blood Prince (12A): Daily 11am, 1.15pm, 2.15pm, 4.30pm, 5.30pm, 7.45pm, 8.45pm. Bruno (18): Daily 3pm, 5pm, 7pm, 9pm; Daily except Sat 1pm (subtitled Sun). Ice Age 3 - Dawn Of The Dinosaurs (U): Daily 11.10am, 1.30pm, 3.45pm, 6.15pm, 8.30pm. My Sister's Keeper (12A): Daily except Wed & Thu 12.45pm, 3.15pm, 5.45pm, 8.15pm. Night At The Museum 2 (PG): Daily except Sat 10.50am. The Chronicles Of Narnia - Prince Caspian (PG): Sat 10.30am. Bolt (PG): Sat 10.30am.	3.10pm, 6.10pm, 9.10pm. My Sister's Keeper (12A): Daily except Wed & Thu 4.15pm. Transformers - Revenge Of The Fallen (12A): Daily 11.05am, 5.20pm; Daily except Sun 2.10pm; Daily except Mon 8.30pm. The Hangover (15): Daily except Wed & Thu 2pm, 6.30pm; Daily except Sat, Wed & Thu 11.40am. New York (Subtitled, 12A): Sun 2pm; Mon 8.30pm. The Chronicles Of Narnia - Prince Caspian (PG): Sat 10am. Bedtime Stories (PG): Sat 10am. Bolt (PG): Sat 10am.
BURY ST EDMUNDS HOLLYWOOD FILM THEATRE (01284) 754477 Times from Friday, July 17, until Thursday, July 23. Harry Potter And The Half-Blood Prince (12A): Daily 1pm, 4.20pm, 7.40pm. Ice Age 3 (U): Daily 1.25pm, 3.35pm, 5.40pm. My Sister's Keeper (12A): Daily except Sun 8pm. A Matter Of Life & Death - Film Society Presentation (PG): Sun 7.30pm.	
HAVERHILL ARTS CENTRE (01440) 714140 Times from Friday, July 17, until Thursday, July 23. Cheri (15): Mon 1.30pm; Tue 7.45pm. Monsters Vs Aliens (PG): Wed 10.30am. Young Victoria (PG): Wed 7.45pm.	
SAFFRON SCREEN CINEWORLD (01799) 501091 Times from Friday, July 17, until Thursday, July 23. Angels And Demons (12A): Fri, Sat & Sun 8pm. 17 Again (12A): Sat & Sun 4pm. Fugitive Pieces (Part subtitled, 15): Mon 8pm.	
CAMBRIDGE CINEWORLD 0871 200 2000 Times from Friday, July 17, until Thursday, July 23. The Proposal (12A): Wed & Thu 11.40am, 2pm, 4.20pm, 6.40pm, 9pm. Harry Potter And The Half-Blood Prince (12A): Daily 10.15am, 11am, 11.45am, 12.45pm, 1.30pm, 2.15pm, 3pm (subtitled Sun), 4pm, 4.45pm, 5.30pm, 6.15pm (subtitled Mon), 7.15pm, 8pm, 8.45pm; Daily except Fri 9.20pm; Fri 9.30pm. Bruno (18): Daily 1pm, 3.15pm, 5.25pm, 7.30pm, 9.40pm; Daily except Sat 10.50am; Daily except Wed & Thu 8.50pm. Ice Age 3 - Dawn Of The Dinosaurs 3D (U): Daily 11.30am, 1.50pm, 4.10pm, 6.40pm, 9pm. Ice Age 3 - Dawn Of The Dinosaurs (U): Daily 10.30am, 12.50pm. Public Enemies (15): Daily	

Crossword

Across

- 1. Minstrel looks shabby on his way back. (4)
- 7. In cooking, seeds from Kent area are similar. (6)
- 8. Lock organiser taken from company doctor. (4)
- 10. Strive to get girl to start to eat. (3)
- 11. Once plenty was the pattern. (7)
- 12. Year was spoilt without a port from the past. (3)
- 13. Look carefully around top of tractor for boy. (5)

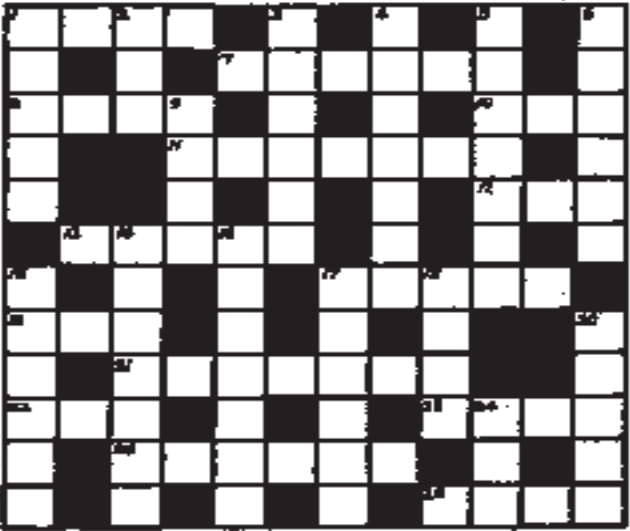
Down

- 1. Undergraduate and swindler find the ham. (5)
- 2. State miles to border. (3)
- 3. Return to the patch. (6)
- 4. Personally sewn embroidery as specimen, right? (7)
- 5. Young animal's prize bar given to space traveller. (7)
- 6. Was the old policeman good at stripping fruit? (6)
- 9. Tendency to be crooked. (4)

- 14. Listeners warm to what is heard within this. (7)
- 15. Can, finally, become empowered. (7)
- 16. The work one consumed like a drug. (6)
- 17. Rip out the doctor's hedge. (6)
- 18. Assist in making a wager. (4)
- 20. Man on board loses his head in the dark. (5)
- 24. The man hangs round university in the shade. (3)

■ Solution to 2121 - Across: 1. Paddle, 4 Paper, 8 Yale lock, 10 War, 11 Immodest, 13 Stop, 15 Easy, 16 Stripper, 19 Can, 20 Scatter, 22 Yearn, 23 Pester. Down: 1 Prawn, 2 Day returns, 3 Lollipop, 5 Arc, 6 Relate, 7 Plum, 9 Keep secret, 12 Overtime, 14 Osprey, 17 Path, 18 Anger, 21 Can.

2122



Stay hot by growing your own chillies

FEELING hot, hot, hot? Well if you want the sizzling summer atmosphere to continue in your cooking, you could consider growing some patio chillies.

But do you need a greenhouse to grow them, or can you just do it outside?

Indeed, they fare best in the shelter of a greenhouse but can also be grown outside, and as there are more than 1,000 different varieties there's bound to be one to suit your taste.

Last year *Which? Gardening*, the Consumers' Association magazine, put chillies to the test to find out which varieties were most suited to the outdoors and whether they would ripen in what turned out to be a very poor summer.

Researchers grew 20 varieties from seed in March and put them out in early June, feeding them once a week with tomato fertiliser after the fruits had set.

They identified six varieties which will do well whatever the weather.

'Filius Blue', a medium-strength chilli with masses of brightly-coloured fruits turning from green to bluish purple and then red, was voted Best Buy.

It's ideal for patio pots or hanging baskets, and in the trial produced around 65 small, cherry-like fruits per plant, of which more than half had ripened by the end of the trial in October.

The other winner was 'Aurora', a compact plant producing loads of slightly hotter chillies which ripened well, going from purple to



by Hannah Stephenson

orange to bright red by the autumn.

The fruits are short and pointed, measuring around 27mm in length, held above attractive dark green foliage, and are ideal for smaller pots and window baskets. Both these varieties are available from Cookoo Box Chillies (www.cookooboxchillies.com or call 07749 828 168) and W Robinson & Son (www.mammothion.co.uk or 01524 791 210).

Other good performers included 'Prairie Fire', an interesting-looking type which produces upward-pointing fruits which ripen from pale lemon through orange to bright red. They become bushy plants, producing enough foliage to fill patio pots. However, only 15 per cent of the fiery fruits had turned bright red by the end of the trial.

'Orozco' and 'Newmex Twilight' did well outside as ornamental plants, but relatively few fruits ripened, while 'Gold Nugget' produced an abundance of small, rounded decorative fruits, many of which ripened.

There were some turkeys in the trial, though, varieties which didn't

produce many ripe fruits and didn't look pretty either, including 'Balloon', 'Fish' and 'Friar's Hat'.

If you want to have a go with chillies, sow seeds in March in a propagator or on a warm windowsill, prick out seedlings into individual pots and then pot on until they are ready to place in their final 25-30cm diameter container.

Support the stems with canes when the fruit is developing on all but the smallest types and keep plants indoors until all risk of frost has passed. Water them when the compost is dry to the touch.

■ The full report on chillies is in the July/August issue of *Which? Gardening*, a subscription-only gardening magazine published 10 times a year by Which? For details on how to receive three issues of *Which? Gardening* for £3, telephone 01992 822 800 or visit which.co.uk

BEST OF THE BUNCH

Salvia

The deep purples and blues of these wonderful hardy perennials can create a focal point in borders or informal areas of the garden. The plants, which grow to around 60cm (2ft), produce wonderful spikes of colour and their flowers attract bees and butterflies. They thrive in all reasonable garden soils in sun or light shade, although they vary in winter hardiness and length of flowering time. Cut off the flower spikes as soon as they fade to keep the plants blooming into September. Mulch well in spring with well-rotted organic matter and give them a liquid feed a couple of times during the summer. Good varieties include *S. nemerosa* 'Ostfriesland', *S. x sylvestris* 'May Night' and 'Blauhugel'.

GOOD ENOUGH TO EAT

Summer Cabbage

You should be harvesting early varieties of summer cabbages now, when the heads feel firm and before the leaves are attacked by mealy aphid or caterpillars.

Cabbages are greedy feeders, so they need to be planted in soil which has been previously enriched with plenty of organic matter, and they prefer a slightly alkaline soil.

For the earliest crop, sow quick-maturing varieties in pots in February, keep them in an unheated greenhouse or other sheltered spot and water regularly. They should be planted out around April or May, when they are around 12cm tall, with at least four leaves. Water the pots or seedbed well and plant the seedlings so that the base of the first pair of leaves sits on the soil surface, then water in.

Allow 45cm diameter per plant in a border or one plant to a 20cm pot. Cover newly-planted cabbages with fleece or fine netting supported on plastic hoops to prevent flies getting near your crops, and stopping other flying pests such as the flea beetle, mealy cabbage aphids and cabbage white butterflies. Good early cabbages include 'Derby Day', 'Hispi' and 'Golden Acre Primo'.

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Thu 16 July 7.45pm
Mon 20 July 1.30pm
Tue 20 July 7.45pm
Cher! (15)

Wed 22 July 10.30am
Monsters Vs Alien (PG)

Wed 22 July 7.45pm
The Young Victoria (PG)

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THEGUIDE

WEEKEND TV

SATURDAY

BBC1	BBC2	ITV	CHANNEL 4	five
6.00 Breakfast. 10.00 Live Golf: The Open Championship. Gary Lineker and Hazel Irvine present the opening stages of the third round from the Ailsa Course at Turnberry in South Ayrshire, as the players who just avoided the cut start their bids to move up the leaderboard. 12.00 BBC News; Weather. 12.10 Live Golf: The Open Championship. Further coverage from the Ailsa Course at Turnberry in South Ayrshire. 5.25 Weakest Link. 6.10 BBC News; Regional News; Weather. 6.30 Totally Saturday. With music by the Noisettes. 7.15 Total Wipeout. Richard Hammond and Amanda Byram host as 20 more contestants tackle demanding obstacles. 8.15 The National Lottery: Guessimation. 9.05 Casually. Jordan takes the blame for Zoe's mistake. 9.55 BBC News; Weather. 10.15 FILM: The Guardian (2006). Following a tragedy in which all of his crew perished, a distinguished coast guard is assigned to a training facility to prepare the next generation of aspiring search and rescue specialists. Action adventure, starring Kevin Costner. 12.30 Friday Night with Jonathan Ross.	6.00 CBeebies: Tikkabilla. 6.30 Fimbles. 7.00 CBBC: Animalia. 7.25 Sportsround. 7.40 Funky Fables. 7.55 Eliot Kid. 8.05 Wolverine and the X-Men. 8.30 Blast Lab. 9.00 Skate Nation. 10.00 Transmission Impossible. 11.30 Young Dracula. 12.05 Animal Park. 1.05 FILM: Flower Drum Song (1961). Musical. 3.10 FILM: The War Bride (2001). Wartime drama. 4.55 Flog It! 5.25 Live Golf: The Open Championship. Gary Lineker and Hazel Irvine present further coverage from the Ailsa Course at Turnberry. 7.30 Mollie Sugden: A Tribute. A celebration of the life and career of the actor. 8.15 Versailles: The Dream of a King. Docu-drama about the life of Louis XIV, France's famous 'Sun King'. 9.15 Have I Got a Bit More News for You. 9.55 Blood and Guts: A History of Surgery. An insight into transplant surgery. 10.55 Horne & Corden. Superman gives Spider-Man some harrowing news about a fellow crime-fighter. 11.25 The Culture Show. 12.15 The Supersizers Eat.	6.00 GMTV: The Fluffy Club. 7.25 Toonattik. 9.25 The Planet's Funniest Animals. 9.55 Countrywise. 10.25 Quincy ME. A coroner enlists Quincy's help. 11.25 FILM: All That Heaven Allows (1955). Romantic drama. 1.10 ITV News and Weather. 1.15 Who Wants to Be a Millionaire? Celebrity. 2.15 Beat the Star. 3.30 FILM: Kicking and Screaming (2005). A family man coaches his son's football team in a bid to prove his worth to his own father. Comedy. 5.20 Creature Comforts. 5.30 News and Weather. 6.00 New You've Been Framed! A selection of camcorder calamities. 6.30 Anonymous. Three disguised celebrities try to fool their friends and fans. 7.30 Who Wants to Be a Millionaire? 8.30 A Touch of Frost. The bodies of three men are found placed in the shape of a triangle, leading Jack to suspect the work of a satanic cult. 10.30 ITV News and Weather. 10.45 FILM: The Skeleton Key (2005). A nurse discovers a terrifying history of hoodoo in the home of a stroke victim in her care. Horror. 12.45 Holly & Fearn Go Dating.	6.10 The Hoobs. 7.00 World Sport. 7.30 British GT Championship. 8.00 The Morning Line. 8.55 T4: Yo Gabba Gabba. 9.25 T4: Friends. 9.55 T4: Countdown to T4 on the Beach. 10.55 T4: Friends. 11.30 T4: Michael Jackson: His Story. 12.30 T4: Big Brother. The next evictee is revealed. 1.30 T4: Big Brother. 2.00 Channel 4 Racing. 4.00 It's Me or the Dog. Desperate pet owners receive help. 4.30 Gok's Fashion Fix. Comedian Alan Carr receives a makeover. 5.35 Come Dine with Me. Four competitors battle it out. 6.35 Channel 4 News. 7.05 Bear Grylls: Born Survivor. The adventurer returns to Siberia, one of the harshest and coldest places on Earth. 8.00 ER. When Cate tries to rescue a girl from drowning in a lake, she is reminded of Mark Greene's efforts to save her son. 9.00 Big Brother. Highlights from the past 24 hours. 10.00 Lee Evans: Big: Live at the O2. 11.05 Alan Carr: Chatty Man. The comedian is joined by Kanye West. 11.55 Big Brother's Big Mouth. 12.55 Poker.	6.00 Sunrise. 7.00 Angels of Jarm. 7.10 Music Box. 7.15 Elmo's World. 7.30 Mio Mao. 7.45 Hana's Helpline. 8.00 Olivia. 8.15 Adventures of Bottle Top Bill. 8.30 Harry and His Bucket. 8.50 The Secret of Eel Island. 9.00 Roary the Racing Car. 9.15 Rupert Bear. 9.30 Gerald McBoing Boing. 10.00 The Grid. 10.30 Fifth Gear. 11.30 Axe Men. 12.30 The Truth Behind the Moon Landings. 1.35 Zoo Days. 1.55 FILM: Tarzan and the Lost City (1998). Family adventure. 3.30 FILM: Man in the Wilderness (1971). Western. 5.30 Five News. 5.40 FILM: Superman IV: The Quest for Peace (1987). Superhero adventure sequel. 7.15 Cricket on Five. 8.00 NCIS. A female petty officer is killed while competing in a swimsuit contest. 8.55 NCIS. 9.55 CSI: Crime Scene Investigation. The investigators hunt for an artist-turned-serial-killer. 10.55 Law & Order: Special Victims Unit. 11.55 Quiz Call.



Versailles: The Dream of a King
BBC2, Saturday, 8.15pm



All the Queen's Horse with Alan Titchmarsh
ITV, Sunday, 8pm



Lee Evans: Big: Live at the O2
Channel Four, Saturday, 10pm



Practical Magic
five, Sunday, 8pm

SUNDAY

BBC1	BBC2	ITV	CHANNEL 4	five
6.00 Breakfast. 9.00 The Andrew Marr Show. 10.00 The Big Questions. 11.00 Country Tracks. 12.00 BBC News; Weather. 12.05 Cash in the Attic. 12.50 Live Golf: The Open Championship. Gary Lineker and Hazel Irvine conclude this year's coverage of the Major with the final round from the Ailsa Course at Turnberry in South Ayrshire. 7.00 Priceless Antiques Roadshow. Fiona Bruce and Michael Aspel meet some of the show's experts to find out how they produce great reactions from the owners of would be heirlooms. 7.30 BBC News; Weather. 8.00 Hope Springs. Relegated to living in a caravan, Hannah, Ellie, Shoo and Josie resolve to bury their resentment toward Ann Marie – pouring their efforts into derailing her plans to sell the hotel. 9.00 Casually 1909. Conflicts are rife on the ward, with Matron Luckes confronting Sister Russell about her decision to leave for London and Dr Culpin berating Bennett for giving up on her studies. 10.00 BBC News; Regional News; Weather. 10.25 FILM: Kinky Boots (2005) Comedy drama. 12.15 Sign Zone: My Brother Ben: Brooke Kinsella's Story.	6.00 CBeebies: Tikkabilla. 6.30 Fimbles. 7.00 CBBC: Uncle Max. 7.10 Thumb Wrestling Federation. 7.15 ChuckleVision. 7.30 Gimme a Break. 8.00 Da Dick and Dom Dairies. 8.30 MI High. 9.30 Something for the Weekend. 11.00 Live Golf: The Open Championship. Early coverage of the final round. 12.50 Live MotoGP 2.00 EastEnders. Omnibus. 3.55 Flog It! The team visit York. 4.25 Songs of Praise. 5.00 The Great British Foreign Holiday. Mark Benton investigates the nation's attitude toward distant climes. 6.00 Coast. 7.00 Dragons' Den. The panel returns, offering entrepreneurs hope of investments in the difficult economic climate. 8.00 Top Gear. Jeremy Clarkson, Richard Hammond and James May each get behind the wheel of a rear-wheel-drive coupe. 9.00 On Thin Ice. James Cracknell, Ed Coates and Ben Fogle embark on the South Pole Race after months of preparation. 10.00 Dara O'Briain Talks Funny: Live in London. 11.00 Mock the Week. 11.30 FILM: Factotum (2005). Black comedy, with Matt Dillon. 1.00 BBC News.	6.00 GMTV. 9.25 Britain's Favourite View. 9.40 Coronation Street. 11.55 ITV News and Weather. 12.00 Wish You Were Here: Now & Then. 12.30 Dream Homes. Oliver Heath follows a property restoration in Norfolk. 1.30 Dickinson's Real Deal. 2.30 FILM: Columbo: By Dawn's Early Light (1974). The head of a military school makes a murder look like an accident. 4.30 Agatha Christie's Poirot. A man is found murdered on a golf course. 6.30 News and Weather. 7.00 The Royal. Dr Ellis confronts local prejudice when he discovers one of his patients has contracted a rare disease abroad. 8.00 All the Queen's Horses with Alan Titchmarsh. 9.00 Taggart. A baby is found abandoned on the doorstep of a semi-retired businessman whose body is found inside the house. 10.00 ITV News and Weather. 10.15 Mission to the Moon – News from 1969. John Suchet reports on the day's events and Patrick Moore looks at what will happen if the moon landing is successful. 10.25 Comedy Classics: Brass. 11.25 Cressing Jordan. 12.20 A Match Made in Heaven.	6.00 The Treacle People. 6.10 The Hoobs. 7.00 World Superbikes. 7.25 Freesports on 4. 7.55 The Brain Cell. 8.25 T4: Friends. 9.30 T4: Hollyoaks. 12.00 T4: T4 on the Beach. Coverage of this year's event. 5.45 Deal or No Deal. 6.30 Channel 4 News. 7.00 Revelations: The Exhumer. Profile of Peter Mitchell, an exhumation consultant whose work has already seen him disinterring and reburying more than 30,000 bodies. 8.00 Wife Swap. A beautician, who believes her children should be allowed the freedom to smoke and drink, switches places with former squash professional Sam Willis, whose household is run like a military campaign. 9.00 Big Brother. Highlights from the past 24 hours. 10.00 Alan Carr: Chatty Man. The comedian is joined by actor Mickey Rourke. 10.50 8 Out of 10 Cats. 11.25 FILM: Jackass Number Two (2006). Comedy sequel. 1.10 Big Brother Live.	6.00 Sunrise. 7.00 Angels of Jarm. 7.10 Elmo's World. 7.30 Mio Mao. 7.40 Hana's Helpline. 7.55 Olivia. 8.10 Adventures of Bottle Top Bill. 8.25 Harry and His Bucket. 8.45 The Secret of Eel Island. 9.00 Roary the Racing Car. 9.15 Rupert Bear. 9.30 Gerald McBoing Boing. 10.00 Michaela's Wild Challenge. 10.30 Everybody Hates Chris. 11.00 The Hotel Inspector. 12.00 Improving the fortunes of the Walpole Bay Hotel in Margate. 12.15 Zoo Days. 2.55 FILM: 2001: A Space Odyssey (1968). Sci-fi epic, starring Keir Dullea. 5.15 FILM: Genghis Khan (1965). Historical adventure, starring Omar Sharif. 5.20 FILM: My Girl 2 (1994). Comedy drama sequel, starring Dan Aykroyd. 7.15 Cricket on Five. 8.00 FILM: Practical Magic (1998). Two sisters descended from a long line of white witches are determined to lift the curse that has burdened all the females of the family for generations. Fantasy. 10.05 FILM: Scream 2 (1997). Wes Craven's horror sequel. 12.20 Urban Legends.

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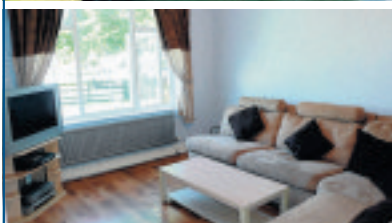
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STRADISHALL

£135,000



Well presented Semi-detached family home briefly comprising entrance hall, cloakroom, lounge, kitchen/dining room, three double bedrooms and bathroom, double glazing, oil heating, front and rear gardens and garage.

STRADISHALL

£119,950



Ideal first purchase, mid terraced family house briefly comprising entrance lobby, lounge, open plan kitchen/dining room, utility room, cloakroom, three bedrooms and family bathroom, oil fired heating and garden.

STOKE BY CLARE

£103,600



Ideal first purchase, 74% shared ownership, semi detached house in village location comprising: Entrance hall, lounge/dining room, conservatory, kitchen, two double bedrooms, bathroom, front and rear gardens, drive proving parking.

HAVERHILL

£239,000



Extended detached family house briefly comprising entrance hall, cloakroom, three reception rooms, kitchen/breakfast room, master bedroom with en-suite, three further bedrooms, family bathroom, garage and parking, corner plot.

HAVERHILL

£275,000



Well presented detached bungalow in popular residential area briefly comprising: Entrance hall, lounge, dining room, conservatory, kitchen, master bed with en-suite, two further bedrooms and family bathroom, double garage, corner plot.

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HAVERHILL £90,000



First floor apartment ideal for first time buyer or investor, briefly comprising, entrance hall, lounge/diner, recently fitted kitchen, double bedroom and bathroom, off street parking, internal inspection highly recommended.

HAVERHILL £199,950



Detached family house recently improved, briefly comprising entrance hall, cloakroom, lounge/dining room, kitchen/breakfast room, three bedrooms and family bathroom, gas central heating, double glazing, garage and parking, landscaped garden to rear.

HAVERHILL £142,995



Modern semi-detached family house located with in a mile of the town centre briefly comprising entrance lobby, lounge, dining room, fitted kitchen, three bedrooms and family bathroom, gas fired heating, double glazing, rear garden and off street parking.

HAVERHILL £295,000



Individual detached family home built by the current owners briefly comprising, reception/dining hall, lounge, luxury kitchen/day room, study, utility room, cloakroom, master bedroom with en-suite, three further bedrooms, Jack & Jill en-suite, family bathroom, landscape gardens, garage and parking.

HAVERHILL £385 PPM



Located in the village of Kedington, Annex accommodation comprising open plan living area, kitchenette and shower room, call for further details. Available now.



BURY ST EDMUNDS £550 PCM



Well presented town centre apartment located just off the Butter Market in Bury St Edmunds comprising lounge, kitchen/dine, double bedroom and bathroom, garden to rear. AVAILABLE NOW.



RED LODGE PCM £425



A spacious tow bedroom terrace home located at the bottom of a cul-de-sac with enclosed garden, entrance hall, kitchen, lounge, two bedrooms and bathroom. AVAILABLE NOW.

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Haverhill £95,000



Ground floor Maisonette
Two bedrooms
Lounge/Diner
Off road parking

Haverhill - 01440 768919

Haverhill £115,000



Apartment
Two bedrooms
Lounge/diner
En-suite
Allocated parking

Haverhill - 01440 768919

Haverhill £118,000



End of terrace
A three bedroom
Keys in office
No onward chain

Kedington £159,995



Semi detached
Three bedrooms
Two Reception rooms
Single storey extension
Garage, parking and gardens.

Haverhill - 01440 768919

Haverhill £166,995



Detached family home
Cul-de-sac
Lounge, dining room
Kitchen
Garage and off road parking.

Haverhill - 01440 768919

Haverhill £155,000



Semi detached home
Three bedrooms
Lounge/dining room
Front & rear gardens
Off road parking & garage

Haverhill - 01440 768919

Haverhill £169,950



End of terrace,
Three bedroom
Garage En bloc and parking

Haverhill

Haverhill £174,995



Detached bungalow
Cul-de-sac
Two double bedrooms
lounge/dining room
Conservatory

Haverhill - 01440 768919

Haverhill £117,500



Mid terrace property,
Two bedrooms
Two reception rooms

Haverhill 01440 768919

Haverhill £169,995



Detached house
Three bedrooms
Lounge/diner
Ground floor cloakroom
Garage and parking

Haverhill 01440768919

Haverhill £185,000



Modern detached family home
Three Bedrooms
Ensuite to master bedroom
Garage & driveway
No onward chain

Haverhill 01440 768919

Haverhill £102,500



First floor apartment
One bedroom
Lounge/diner
Private parking

Haverhill 01440768919

Steeple Bumpstead £169,950



Semi detached home
Three bedrooms
Two reception rooms
Kitchen
Garage & driveway

Haverhill - 01440 768919

Haverhill £159,950



Two bedroom cottage
Lounge
Kitchen Diner
Utility Room
210' REAR GARDEN

Haverhill 01440 768919

Haverhill £189,000



Greatly extended detached bungalow
Two reception rooms
Three bedrooms
Two conservatories
Games room

Haverhill - 01440 768919

Hundon £174,995



Extended semi detached home
Three bedroom
Two reception rooms
Bath and shower rooms
Garden and parking.

Clare

Haverhill £129,950



End Terraced
Ground floor cloakroom
Three Bedrooms
Lounge
Kitchen/dining room

Haverhill - 01440 768919

Haverhill £169,950



End of terrace family home
Three bedrooms
Recently re-fitted kitchen
Conservatory
Ground floor cloakroom

Haverhill 01440 768919

Haverhill £192,500



Detached bungalow
Two bedrooms
Lounge
Kitchen/breakfast room
Conservatory

Haverhill 01440 768919

Hundon £174,995



Semi detached property
Two reception rooms
Three bedrooms
75' driveway
71' x 106' plot (approx)

Haverhill 01440768919

Haverhill £121,500



Mid-terraced property
Three bedrooms
Recently re-fitted kitchen
17' Lounge
Re-fitted bathroom

Haverhill 01440768919

Haverhill £162,950



End of terrace Townhouse
4 bedrooms
2 reception rooms
Ensuite to master bedroom
Off road parking

Haverhill 01440 768919

Haverhill £179,900



Detached
Ground floor cloakroom
Three bedrooms
Ensuite shower room to master
bedroom,

Haverhill - 01440 768919

Haverhill £117,000



Mid terraced
Living Room
Kitchen
2 bedrooms
Bathroom

Haverhill - 01440 768919

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Kedington £183,000



Semi detached home
Three bedroom
Lounge
Fitted kitchen
Laundry room/utility
Haverhill Office - 01440 768919

Haverhill £199,950



Semi detached property,
Three bedrooms
Two reception rooms
Utility room
Front & rear gardens
Haverhill - 01440 768919

Haverhill £195,000



Semi-detached family home
Three Double bedrooms
Two reception rooms
65ft rear garden
Garage & driveway
Haverhill 01440 768919

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Haverhill £199,995



Detached Town House
Four bedrooms
Two reception rooms
En-suite to master
Double width Garage
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Haverhill £234,995



Detached property
Four bedrooms
Two reception rooms
Contemporary fitted kitchen
Garage and parking
Haverhill 01440 768919

Haverhill £209,950



Detached property
Four bedroom
Ensuite to master
Garage and o.r.p
Haverhill 01440 768919

Haverhill £219,950



Four bed detached family home
Two reception Rooms
Conservatory
Double Garage

Haverhill 01440 768919

Haverhill £279,995



Detached townhouse,
Five Bedrooms
Lounge and dining room
Cloakroom and Three En suites
Garage and off road parking.
Haverhill - 01440 768919

Tiberius Way £299,950



Detached Bungalow
Three/Four bedrooms
Two bathrooms
Garage and parking
Cul-de-sac
Haverhill 01440 768919

Haverhill £199,995



Detached property
Four bedrooms
Three reception rooms
Ensuite
Garage
Haverhill 01440 768919

Haverhill £235,000



Detached family home
Four bedrooms
Two reception rooms
Ensuite to master bedroom
Garage & driveway
Haverhill 01440 768919

Haverhill £239,995



Detached property
Four bedroom
Lounge and dining room
Kitchen
Utility room
Haverhill - 01440 768919

Ridgewell £340,000



Grade two listed Cottage
Three reception rooms
Three bedrooms
Wealth of features
Viewing advised
Haverhill 01440 768919

Steeple Bumpstead £199,995



Detached family home
Four Bedroom
Lounge and dining room
Conservatory
Kitchen breakfast room
Haverhill - 01440 768919

Haverhill £205,000



Detached home
Four bedrooms
Two reception rooms
Ensuite to master
Ground floor cloakroom
Haverhill 01440 768919

Haverhill £189,950



Detached home
Four bedrooms
Lounge
Kitchen/dining room
Cloakroom
Haverhill - 01440 768919

Haverhill £234,995



Detached house
Four bedrooms
Two reception rooms
En-suite to master
Garage-workshop and driveway
Haverhill 01440 768919

Haverhill £229,950



Detached property
Four bedrooms
Two reception rooms
81' max x 46' rear garden
Garage & driveway
Haverhill 01440 768919

Ridgewell £290,000



Detached family home
Four bedrooms
Two reception rooms
Conservatory
Double garage & driveway
Haverhill 01440 768919

Steeple Bumpstead £450,000



Barn conversion
Five bedrooms
Three receptions
Fitted kitchen
Ground floor cloakroom
Haverhill - 01440 768919

Kedington £350,000



Detached home
Five bedrooms
Three reception rooms
Conservatory
Double garage
Haverhill - 01440 768919

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Sudbury
6 King Street
01787 468400

Clare
17 Market Hill
01787 278890

Lavenham
72 Water Street
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Haverhill
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 MARKET APPRAISAL**

Henry Close



Popular designed detached family house, corner plot, lounge, dining room, kitchen/breakfast room, four bedrooms, two en suites, double width drive, detached garage.

£224,950

Castle Lane



Extended family residence, four bedrooms, ground floor cloakroom, lounge, fitted kitchen, dining family room, sun room, single garage, driveway, generous front & rear gardens.

£205,000

Chapelwent Road



Semi detached family town house. Ground floor cloakroom. Kitchen/breakfast room, Dining room, Lounge, Three good size bedrooms, Ensuite shower room to principle bedroom. Carport & gardens.

£184,950

Hanchett End



Popular Hanchett End Bungalow, four bedrooms, en suite facilities to master and second bedroom, lounge, dining room, conservatory, fitted kitchen, driveway, double garage, un overlooked rear garden.

£340,000

Hollesley Avenue



Detached family residence, ground floor cloakroom, lounge, dining room, kitchen/breakfast room, conservatory, four bedrooms, en suite, front and rear gardens, double garage and driveway.

£235,000

Shannon Close



Linked detached family house, fitted kitchen, L shaped lounge/dining room, three bedrooms, family bathroom, UPVC double glazing (where stated), garage (currently converted) and driveway.

£164,950

Russett Close



Semi detached property, Three bedrooms, En suite, Kitchen/ diner, Lounge, Ground floor cloakroom. Upvc double glazed windows, Front & rear gardens, Garage & driveway.

£155,000

Cramswell Close



Well presented end of terrace, lounge, kitchen/ dining room, three bedrooms, family bathroom, detached garage, block paved driveway, delightful rear garden, UPVC double glazing.

£154,950

Western Avenue



Semi-detached family house. Lounge/dining room, fitted kitchen, three bedrooms, separate cloakroom, bathroom with jacuzzi bath. Delightful rear garden in excess of 100ft.

£154,950

Shetland Road



Semi-detached family house, fitted kitchen, lounge/dining room, family room, three bedrooms, family bathroom, enclosed rear garden, garage and driveway, gas fired central heating.

£142,995

Newton Place



Much improved terraced family house, ground floor cloakroom, lounge, separate kitchen with integrated appliances, PVCU conservatory, three bedrooms, PVCU double glazing, delightful gardens.

£124,950

Bartlow Place



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Sorrel Walk



Popular Chimswell Development. Much improved end of terrace. Ground floor cloakroom, kitchen/ dining room, lounge, three bedrooms. PVCU double glazing, front & rear gardens.

£119,950

Larks Close



Popular residential location, well presented terraced house, lounge 11'10 x 10'5, kitchen, one double bedroom, bathroom, front & rear gardens, double glazing (where stated).

£104,950

Gurlings Close



Popular Boyton Hall development, nicely situated terrace, lounge, kitchen/diner, one bedroom, bathroom, front & rear gardens, garage en-bloc, gas fired central heating, early inspection highly recommended.

£107,000

Betony Walk



Popular Chimswell development, terraced family house, ground floor cloakroom, kitchen/dining room, lounge, 3 bedrooms, family bathroom, upvc double glazing, front & rear gardens, no onward chain.

£99,950

Pipers Close



Popular residential location, ground floor flat, kitchen/ dining room, study, lounge, two bedrooms, bathroom, gas fired central heating, PVCU double glazed, communal gardens.

£97,950

Chainey Pieces



Well presented Victorian terrace, lounge, dining room, fitted kitchen, two double bedrooms, bathroom, front & rear gardens, gas fired central heating. Available September.

£600 pcm

Seymour Drive



Well presented family house, part furnished, lounge, dining room, kitchen, three bedrooms, en-suite to master bedroom, garage to rear elevation, delightful rear garden. Available Now.

£650 pcm

Ashen



Delightful Grade II listed detached cottage, fitted kitchen, dining room, lounge, study, ground floor bath/shower room, principle bedroom with vaulted ceiling. Available August.

£650 pcm

Cavendish House



Close to town location, third floor apartment, secured entry system, lounge/dining room, fitted kitchen, two bedrooms, bathroom, communal gardens, off road parking. Available August 2009.

£550 pcm

Queen Street



First floor flat, one bedroom, lounge/ dining room, fitted kitchen, shower room, balcony, storage heating. Available Now.

£450 pcm

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Clare **£269,950**
 A most attractive, traditionally designed three bedroom modern home in a lovely, tucked-away mews development a short walk from the historic town centre. Usefully enhanced by a quality conservatory. Three bedrooms, En-suite shower room, Conservatory, Driveway parking, Courtyard gardens.



Withersfield **£295,000**
 An increasingly rare opportunity to purchase a rurally located red brick barn with planning consent for a circa 3,000 square foot redevelopment set in beautiful plot in rolling countryside with outstanding views around.



Clare **£325,000**
 A rather fine Georgian townhouse together with self contained shop and period outbuilding, set on Clare's handsome, historic market place and with great further potential. 3 bedroom townhouse, Shop and office, Outbuilding, Pleasant garden, No onward chain.



Withersfield **£379,950**
 A generous detached bungalow with additional first floor space. Beautifully secluded in established gardens in a lovely village lane. Four Bedrooms, Master With En Suite, Three Reception Rooms, Modern Fitted Kitchen, Utility Room, Conservatory.



Wixoe **£389,000**
 An impressively spacious, substantially extended and beautifully presented semi-detached house set in over half an acre, in a lovely leafy lane within a charming village. 201 sq.m. (2163 sq.ft.). Five bedrooms, En-suite, Three reception rooms, Large conservatory, Double garage.



Withersfield **£425,000**
 A detached five bed farm house set in an enviable rural spot between Withersfield and Great Wrattling with generous gardens, handsome views and planning consent for further enlargement.



Queen Street **£425**
 A smart modern one bedroom second floor flat in the very centre of town.



Kedington **£395**
 A self contained studio annex in a tucked-away village cul-de-sac. Available now.



Waters Edge **£450**
 Various apartments available in this striking new development on Withersfield Road. From £450.



Castle Camps **£650**
 A very nicely presented two bedroom period cottage with parking overlooking a green in a lovely village. Available now.



Alderton Close **£775**
 An immaculate modern link-detached house with three double bedrooms, en-suite, two reception rooms, pleasant gardens and car port.



Clare **£795**
 A handsome modern townhouse at the very heart of the town. 3 bedrooms, en-suite, two receptions, garden, parking to rear.

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SOLD STC



WEL4

Kedington £129,950

A three bedroom terraced house in a non-estate position a short walk from the village centre, school and shop. Offered with no onward chain and parking at the rear. Three bedrooms, 26ft sitting room, Front and rear gardens, No onward chain.



MILLH72

Haverhill £139,950

An older non-estate house, unassuming outside but with stylish contemporary internal accommodation. Set in a popular street close to the town centre with attractive generous garden. 80 sq.m. (861 sq.ft.). Two double bedrooms, First floor bathroom, Fine kitchen / dining room, Utility / cloakroom.

SOLD STC



RUFF12

Haverhill £139,950

A particularly well presented ex-show house, nicely set on a popular near-central development. 68 sq.m. (731 sq. ft). Three bedrooms, Ground floor cloakroom, Fitted kitchen with appliances, Garage and driveway.



CLOV2

Haverhill £149,950

A smartly presented end-terrace house with en-suite, ground floor cloakroom, garage and drive to the side. Nicely positioned on a popular development on the outskirts of town.



BUNT1

Wickhambrook £159,950

A very smartly presented three bedroom semi-detached house overlooking fields at the edge of the village. With contemporary kitchen and bathroom and generous driveway. 71 sq.m. (764 sq.ft).



CHAS9

Haverhill £159,950

A particularly well presented, comprehensively improved semi-detached bungalow in the highly desirable Boyton Hall area at the edge of town. Two bedrooms, double length garage, attractive gardens



COLBE

Haverhill £177,950

A spacious double fronted three bedroom family home, located in the Meadowlands area. The property benefits from one of the largest plots on the development and has no onward chain. Three Bedrooms, En Suite To Master, Sitting Room, Kitchen / Family Room, Off Street Parking.



SP144

Haverhill £182,500

An excellent detached house with generous private drive, pleasantly landscaped gardens and conservatory. Nicely positioned on Spindle Road. 76 sq.m. (818 sq.ft). Three bedrooms, Two reception rooms, Ground floor cloaks, Conservatory, Garage and driveway.



HALES8

Haverhill £182,950

An attractive and beautifully presented townhouse of good proportions throughout, well set on Bovis Homes' new 'Croft' development. Three double bedrooms, En-suite, Generous family kitchen, Study, Carport.



GRE15

Haverhill £199,950

A smartly presented four bedroom detached house. Tucked-away in the Castle Reach area with a very pleasant outlook over its own broad, lawned frontage. 98 sqm. (1054 sq. ft.). Four bedrooms, En-suite, Two reception rooms, Garage and driveway.



BRYBA

Haverhill £209,950

An attractively modernised and improved four bedroom detached house in a pleasant spot in the desirable Hanchett Meadows area. Four bedrooms, En-suite, Two receptions, Conservatory, Garage and driveway.



BERG18

Haverhill £214,950

A nicely presented and well improved four bedroom detached home, well situated in an elevated position on the edge of the popular Castle Reach development. Four Bedrooms, Master With En suite, Two Reception Rooms, Fitted Kitchen, Conservatory, Garage And Double Drive.



CALF22

Haverhill £237,500

A most attractive detached house with four good bedrooms, set on the highly desirable Hanchett Manor development and enjoying a private south-west facing garden. Four bedrooms, En-suite, Two receptions, Kitchen and utility, Generous plot.



CLEY2

Haverhill £239,950

A deceptively generous, extended 5 bed detached family house overlooking a green area in a pleasant small close on the highly sought-after Hanchett Grange development. En-suite, Three reception rooms, Kitchen and utility, Garage and driveway.



HARC

Sturmer £239,950

A spacious and pleasantly presented three bedroom detached chalet bungalow. Enjoying generous and private mature gardens. 100 sq.m. (1076 sq.ft.). Two Reception Rooms, Kitchen / Breakfast Room, Re-fitted Bathroom.



CAL7

Haverhill £250,000

A superb detached family home, extended to provide a luxurious master bedroom suite with stunning bathroom. Set at the end of a small close on the sought-after Hanchett Manor development. Four Bedrooms, Two En Suites, Two Reception Rooms, Kitchen Breakfast Room, Double Garage & Drive.

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NEW



Stradishall £89,995

A three bedroom terraced house set on the former RAF Stradishall site adjacent to HMP Highpoint. With no onward chain and improvement potential. Two reception rooms, Ground floor cloaks, Loft room.



Haverhill £99,950

An extended terraced house fronting a green in the Chimswell area of town. Damaged internally and in need of some improvement. Three bedrooms, two receptions.



Haverhill £99,950

A period terrace in an excellent central position just off the High Street within easy reach of the town's facilities. With two bedrooms, first floor bathroom and no onward chain. Two bedrooms, Two reception rooms, First floor bathroom, Rear garden.



Haverhill £104,950

A most appealing 'detached' one bedroom freehold property on Bovis Homes' Croft development. Offering spacious and well appointed accommodation and no onward chain. 45 sq.m.(484 sq.ft.).

NEW



Haverhill £125,000

An attractively presented three bedroom family house with many improvements, nicely positioned at the very edge of the Chimswell area. 84 sq.m. (904 sq.ft.). Enlarged bathroom, Ground floor cloakroom, Kitchen / dining room, Workshop.

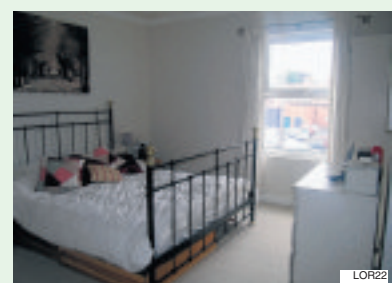


NEW



Haverhill £109,950

A charming Victorian cottage, well located within walking distance of the town centre. Sympathetically modernised to retain many period features. Two Double Bedrooms, Modern Extended Kitchen, Two Reception Rooms, Off road parking.



Haverhill £106,950

An attractive period terrace with lovely refitted bathroom and useful cellar. Set in a very central location just off the town's market square. Two bedrooms, First floor bathroom, Kitchen / dining room, Cellar, Rear garden.



Haverhill £109,950

A nicely presented Victorian cottage in a central location due to undergo significant enhancement. Benefits include a beautiful fitted kitchen, separate dining room, double glazing and gas central heating. Parking to be provided.



Haverhill £119,950

A charming and beautifully presented two bedroom Victorian cottage, nicely located within walking distance of the town centre. Two Bedrooms, Open Plan Lounge / Diner, Excellent Fitted Kitchen, First Floor Bathroom, Cellar.



Haverhill £129,950

A semi-detached three bedroom home in need of a little improvement. Set in a popular cul-de-sac and benefiting from garage and drive to the side and no chain. 73 sq.m. (785 sq.ft.). Three bedrooms, Two reception rooms, Ground floor cloaks,

Balmforth

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CALFORD DRIVE

A SUBSTANTIAL DETACHED PROPERTY LOCATED ON THE HIGHLY REGARDED HANCHETT MANOR DEVELOPMENT.

- 6 Bedrooms, 2 en suites
- 28" lounge
- Good size kitchen/ dining room
- Utility room
- Conservatory
- Large gardens and double garage

£339,995



CASTLE LANE

A FANTASTIC OPPORTUNITY TO PURCHASE THIS FOUR BEDROOM SEMI DETACHED FAMILY HOME, WHICH HAS BEEN ENLARGED AND UPDATED TO BOAST SPACIOUS ACCOMMODATION.

- Kitchen/ dining room • Utility • Ground floor shower room
- Good size lounge • Conservatory • Spacious gardens

£159,995



SALE AGREED

BRYBANK ROAD

A SPACIOUS LINK DETACHED FAMILY PROPERTY LOCATED ON THE HIGHLY REGARDED HANCHETT MEADOWS.

- 3 Bedrooms, en-suite to master • Double glazed • Lounge and dining room • Kitchen/breakfast room • Cloakroom • Garage and parking



FALKLANDS ROAD

A SPACIOUS FOUR BEDROOM DETACHED FAMILY PROPERTY LOCATED ON THE BOYTON HALL DEVELOPMENT.

- 2 receptions • Cloakroom • Ensuite
- Conservatory • Fields to rear

£250,000



STEEPLE BUMPSTEAD

AN EXTENSIVELY UPDATED MODERN LINK DETACHED FAMILY HOUSE

- 3 Bedrooms • uPVC double glazing
- 24ft Lounge/dining room • Cloakroom • Garage
- No upward chain

£169,995



STURMER

AN ATTRACTIVELY STYLED HOUSE OF DECEPTIVELY SPACIOUS PROPORTIONS, OCCUPYING A RURAL POSITION WITH COUNTRYSIDE VIEWS.

- 4 Double bedrooms • 22' Lounge • Large dining room
- Kitchen/breakfast room • Large indoor swimming pool
- Double garage with office above

£458,000



WEST WRATTING

A WELL ESTABLISHED THREE BEDROOM TERRACED HOUSE WHICH HAS BEEN SUBJECT TO EXTENSIVE UPDATING TO A HIGH STANDARD

- Upvc double glazing • 18' Kitchen • Large refitted bathroom
- Off road parking • Oil fired central heating
- NO ONWARD CHAIN

£165,000



LADYGATE

A SPACIOUS, MODERN FAMILY HOME HAVING BEEN SUBSTANTIALLY EXTENDED, WITH GARAGE TO FRONT.

- 23ft living room • Dining room • Cloakroom
- Bathroom suite • Fitted kitchen

£139,950



BRAMBLE CLOSE

A SEMI DETACHED PROPERTY, WELL POSITIONED AT THE END OF A SMALL RESIDENTIAL CUL DE SAC.

- 3 Bedrooms • Double glazed • Kitchen/dining room
- Lounge with bay window • Garage & parking
- No onward chain

£135,000



KINGFISHER CLOSE

A WONDERFULLY PRESENTED, SEMI DETACHED FAMILY PROPERTY, OFFERED WITH NO ONWARD CHAIN.

- 3 Bedrooms
- Double glazed
- Refitted kitchen/dining room
- Utility room
- Refitted luxurious bathroom
- Must be seen.

£134,995



team

Email: haverhill@balmforth.co.uk
12 High Street, Haverhill, CB9 8AR

Balmforth

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SHARDLOW CLOSE

AND END OF TERRACED PROPERTY, LOCATED ON A CORNER PLOT WITHIN A SMALL CUL DE SAC.

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- Larger than average rear garden • Allocated parking
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AVAILABLE NOW

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AVAILABLE NOW

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£395 PCM



BURTON END

AVAILABLE NOW

An unfurnished Victorian house offers lounge, dining room, kitchen, two first floor bedrooms, bathroom and garden to rear.

£525 PCM



CAMBRIDGE

AVAILABLE NOW

Conveniently located this unfurnished first floor flat offers lounge, modern fitted kitchen with hob and oven, one bedroom, bathroom and off road parking for one car.

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team

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Shardlow Close

Two bedroom mid terrace property includes lounge, kitchen, 2 bedrooms, bathroom, front & rear gardens and single garage. Viewing recommended.

OIEO £119,995



Steeple Bumpstead

Two bedroom chain. Two bedroom semi detached bungalow includes lounge, kitchen breakfast room, bathroom, loft room, gardens and off street parking.

£145,000



Great Wrattling

Extended four bedroom detached cottage includes kitchen dining room, cloakroom, utility room, lounge, study, games room, gardens and parking.

£350,000



Stradishall

No onward chain. Two bedroom mid terrace property includes cloakroom, dining area, kitchen, lounge, utility room, bathroom, gardens and garage.

£99,995



Lordscroft Lane

No onward chain. Two bedroom mid terrace property includes lounge, dining room, kitchen, 2 bedrooms, bathroom, front & rear gardens and parking area.

£106,950



Bloomsfield Road

The Rowles, one bedroom apartment includes lounge dining room, kitchen, bedroom, bathroom and parking space. Viewing highly recommended.

£109,995



Bloomsfield Road

The Harvie, two bedroom apartment includes lounge dining room, kitchen, 2 bedrooms, bathroom, communal gardens and parking space.

£124,995



Ruffles Road

Two bedroom end of terrace property includes lounge, kitchen, cloakroom, 2 bedrooms, bathroom, front & rear gardens & allocated parking.

£126,000



Kedington

No onward chain. Three bedroom semi detached bungalow includes lounge, kitchen dining room, bathroom, bedroom 3/study, gardens and garage.

£135,000



Saffron Walden

No onward chain. Live/work two bedroom split level apartment includes lounge, kitchen, office, ensuite cloakroom, 2 bedrooms and bathroom.

£150,000



Orchard Close

Two bedroom semi detached bungalow includes lounge, conservatory, kitchen, 2 bedrooms, shower room, front & rear gardens and single garage.

OIRO £160,000



Bergamot Road

Three bedroom detached property includes cloakroom, lounge, conservatory, dining room, kitchen, ensuite, gardens and garage.

£164,995



Brybank Road

Three bedroom end of terrace property includes cloakroom, kitchen, lounge, master bedroom with ensuite, bathroom, gardens and garage.

£169,950



Horsham Close

No onward chain. Two bedroom semi detached property includes lounge dining room, kitchen breakfast room, gardens, garage and parking.

£169,995



Steeple Bumpstead

No onward chain. Two bedroom semi detached bungalow includes lounge, dining area, kitchen, bathroom, gardens and off street parking.

£169,995



Fryth Close

Two bedroom semi detached bungalow includes kitchen, shower room, lounge, dining room, front & rear gardens and single garage. Viewing recommended.

£175,000



Markhams Close

Four bedroom link detached property includes cloakroom, lounge, dining room, kitchen, bathroom, front & rear gardens and single garage.

£175,000



Raine Avenue

Three bedroom detached property includes cloakroom, kitchen, lounge, conservatory, master bedroom with ensuite, bathroom, gardens and garage.

£183,000



Ridgewell

Two bedroom link detached chalet bungalow includes kitchen, lounge, dining room, bathroom, front and rear gardens and single garage.

OIEO £185,000



Apple Acre Road

The Argent, four bedroom mid terrace house includes, lounge dining room, kitchen, cloakroom, master bedroom with ensuite, bathroom and parking.

£186,950



Poplar Close

Extended four bedroom detached property includes lounge, dining area, kitchen, study, family room, bath & shower rooms, gardens and parking.

OIEO £189,950



Apple Acre Road

The Wilshire, four bedroom end of terrace includes lounge dining room, kitchen, cloakroom, master bedroom with ensuite, bathroom and garage.

£194,950



Billings Close

Four bedroom link detached property includes study, cloakroom, dining room, kitchen, lounge, 2 ensuites, bathroom, front & rear gardens and garage.

£225,000



Shetland Road

Extended five bedroom detached property includes cloakroom, lounge, dining room, kitchen, dining room, ensuite, gardens and double garage.

£229,995



Kedington

No onward chain. Two bedroom detached bungalow includes shower room, lounge, kitchen breakfast room, gardens, parking and field to side.

£309,950



Wrattling Road

Three bedroom detached property includes kitchen dining room, utility room, lounge, conservatory, ensuite, gardens, garage and car port.

£329,995



Little Wrattling

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HIGH STREET HAVERHILL



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£675pcm

MUNNINGS CLOSE HAVERHILL



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£500pcm

PAVILION COURT HAVERHILL



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£550pcm

STONECROSS HOUSE KEDINGTON



3 bed first floor flat, lounge, kitchen/breakfast room, bathroom with separate toilet, carpets, gas heating, communal garden & off road parking, no pets/children

£530pcm

HORSHAM CLOSE HAVERHILL



2 bed mid terrace, lounge/diner, kitchen, conservatory, bathroom, carpets, gas heating, garden & garage, pets negotiable

£595pcm

NORTH STREET STEEPLE BUMPSTEAD



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3's good company

THE outgoing Mazda3 was hardly old-fashioned in terms of its exterior design, but the new model really raises the game with sharper, bolder and sportier looks, writes Richard M Hammond.



It's a functional design, too, with improved aerodynamics, increased fuel economy and reduced road and wind noise.

After the exterior changes, it's the difference inside the cabin that will be most noticeable for drivers of the outgoing Mazda3. Considerably quieter than before, particularly with a smoother petrol engine, the interior boasts a pleasantly high level of refinement at motorway speeds.

That's backed up by a marked improvement in overall interior quality, too. Soft touch plastics bring the interior trim to a level that matches and in some cases beats the better selling opposition, while the level of equipment available – depending on trim level – is impressive.

Greater refinement and interior quality helps raise the Mazda3's game considerably, but it was already in good company as far as driving was concerned. Like the previous model it shares a platform with the Ford Focus – a model highly regarded for its on-road abilities.

As a result of the sophisti-

cated underpinnings, the Mazda3 is extremely competent on the road. Mazda's own suspension settings are a little firmer, deliberately designed to counter body roll.

In fact, the whole body has been stiffened to improve its road manners. This equates to a less forgiving ride than some of its competitors, but also amplifies the keen road holding. A very confident car through corners, it's reassuring and predictable to drive.

It should also be more fuel efficient than the outgoing model. The aerodynamics lower drag, requiring less effort from the engines. As far as the popular 1.6-litre petrol unit is concerned, that means a very respectable average fuel consumption figure and CO₂ emissions down to less than 150g/km from more than 160g/km.

Smooth, refined and free-revving, the 1.6-litre is an excellent trade-off for drivers willing to forgo outright performance for much improved running costs. As a family vehicle, the 1.6-litre petrol unit make perfect sense, as does the traditional five-door layout.

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(01) CLIO NEW SHAPE 1.2 Dynamique, alloys, metallic blue, air con, pas, 72,000 miles WAS £2,995 NOW £2,695

(X) SAAB 9-3 COUPE TURBO AUTOMATIC, 65,000 miles, Full Service History (2008/9) alloys, aircon, met blue £2,995

(01) Y MONDEO GHIA X, 47,000 miles, FSH £2,995

(S1) MONDEO LX TURBO DIESEL, silver, 5 door, hatch £2,995

VAUXHALL ZAFIRA 1.8 AUTO, 7 seater, only 73,000 miles, power steering, alloys, electric sunroof and windows, cruise, remote locking £2,295

(X) ROVER 25 GTi, full body kit, half leather, aircon, PAS, electric roof, alloys WAS £2,195 NOW £1,795

(01) ALFA 147 Selezione, silver, black leather, 110,000 miles £1,995

(02) FORD KA Collection, air con, black metallic, 80,000 miles, colour coded bumpers £1,895

(02) ROVER 25 2.0 Turbo Diesel, 5 door, air con, 81,895 £1,895

(X) CLIO GRANDE, power steering, e/windows, 3 door, 70,000 miles £1,495

(V) ROVER 75 2.0 V6, metallic red, alloys WAS £1,995 NOW £1,695

(X) MONDEO ZETEC S, 68,000 miles, cherry metallic, 5 spoke alloys, must be seen £1,695

(S2) PEUGEOT PARTNER 1.9 Diesel, twoside doors £2,495

(V) TOYOTA COROLLA 1.6LS, 5 door £2,495

(01) MONDEO 1.8 LX, new shape, aircon, PAS, black £1,695

(N) SKODA FABIA Estate GLI 1.9D £1,295

(N) COMBO VAN, Diesel, tax and MOT £795

(N) VAUXHALL CORSA TRIP, 47,000 miles £995

(P) MAZDA 323 1.8i, 5 door, powersteering, air con, met green, 77,000 miles £995

(P) MAZDA MX-3 V6, alloys, powersteering, electric roof, air con £995

(N) PEUGEOT 106 SX 1.4, alloys, e/windows £995

(S) PEUGEOT 106, metallic red, 87,000 miles £795

(M) FORD MAVERICK 2.7 TDI, 7 seater £895

(K) BMW 325, tax and MOT £400

(R) HYUNDAI Coupe 1.3, 3door £595

(N) ROVER 414, MoT'd and Taxed £399

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2005/53 Kia Sorento CRDi XE, Bars Tints, Park, Black £15,995	2003/53 Kia Carens 1.8 LX a/c blue £2,995	2008/08 Ford Fiesta 1.25 Studio 3Dr, Black £5,995	2003/03 Vauxhall Astra Cabriolet 1.6, Only 30,000 Miles, Silver £5,495
2004/04 Land Rover Freelander 1.8 5 SDR, Air Con, Alloys, Grey £6,495	Mini	2005/05 Ford Fiesta Ghia 1.4 SDR, Air Con, Alloys, Lth, Red £5,995	2003/53 Saab 9-3 2.0i AUTO ALLOYS LTH Grey £4,995
Kia	2008/08 Mini One, Pepper Pack, Air Con, Met Red £11,995	2005/55 Ford KA Luxury, Air Con, Leather, Only 15,000 Miles, Black £5,650	2005/55 Renault C5 Estate 1.6 HDi VTR 110, Alloys, Air Con, Blue £4,995
2008/08 Kia Carens SR-7 SEAT, 1300 Miles, Blue £10,995	2004/04 Mini One 1.6 "BIG SPEC" Alloys, Pepper £8,495	2005/55 Ford Mondeo 2.0 Zetec Auto SDR, Air Con, Blue £5,650	2004/54 Renault Clio Dynamique 1.2 16V 3DR, Red £4,995
2008/58 Kia Cee'd 65 AUTO, Air Con, Alloys, Grey £10,995	2002/52 Mini Cooper, Air Con, Alloys, Light Green £7,995	2004/04 Fiesta Flame 3 Dr, Alloys a/c, blue £4,995	2003/52 Honda Civic Type-S 2.0 SDR, Air Con, Alloys, Blue £4,995
2007/57 Kia Cee'd 1.6 CRDi LS (Reminder 7-year Warranty), Grey £10,995	2002/52 Mini Cooper, 18" Alloys, Green £6,750	Other Makes	2008/57 Chevrolet Kalos 1.4 SX SDR, Air Con, Alloys, Silver £4,995
2007/07 Kia Sportage CRDi XE, Alloys, Air Con, Silver £10,995	2001/51 Mini Cooper, Panoramic Roof, Spot Lights £6,350	2008/58 MG TF LE-500, (New Model), Air Con, Leather, Vibrant Orange £13,995	2004/54 Mazda 6 1.8 S, Alloys, Air Con, Spoiler, Silver £4,995
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2006/06 Kia Rio 1.4 Zapp SDR, Air Con, Red £5,750	2006/55 Ford Focus 1.6 Zetec Climate SDR, Blue £6,595	2005/55 Skoda VRS TDI 130, 81Kt alloys, silver £6,995	2004/54 Ford Connect 1.7TDCi T200 Van/NSI/Door £4,650
2005/54 Kia Picanto 1.1 LX AUTO SDR, Air Con, 13,000 miles, Silver £4,995	2005/05 Ford Focus 1.6 Ghia 5 Door, Alloys, Air Con, Silver £6,495	2004/53 Renault Clio 172, Alloys, Air Con, Silver £5,995	2005/05 Suzuki Carry 1.3 Van, White, No Vat £4,495

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Ford

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HONDA CIVIC AERODECK

1.6 VTEC SE silver, 2001 Y reg'd, 51k miles, service history, owned since new, a/c, e/w, e/s/r, immob, vgc, tax Feb '10, MoT April '10

**£2,400 ono
01223 565825**

Hyundai

HYUNDAI ACCENT 1.3

Sienna, 99 (V), 95k miles, FSH, rec. cambelt, MoT Nov, taxed, low ins, PAS, CD, vgc

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M reg'd

Nissan



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01799 526669

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01763 837196



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PEUGEOT 206 1.4LX, 2002 (02), Metallic Crystal Green, only 31,000 miles, FSH, 2 owners, PAS, c/locking, e/windows, airbags, air con, radio/CD, Immobiliser, colour coded bumpers and mirrors, long MoT, warranty, excellent condition, £3,495. Tel: 01799 584327/ 07779 557267 www.rowleyscars.co.uk

PEUGEOT 206

ROLAND GARROS 1.6, petrol, 1 reg'd 1999, 2 owners, 114k miles, FSH, 1 year MoT, 5 speed, manual, 5 door, met green, a/c, leather, panoramic roof, r/c/l, 6 CD, e/w, alloys

£1,300 ono
07850 305911



PEUGEOT 206 LX 1.4

5 door, 02 reg'd, 62k miles, MoT & tax April '10, FSH, a/c, CD player etc

£2,495
SOLD

Renault

RENAULT Clio 1.2 Grande, 2000 (W), met. Nightfire red, only 33,000 miles, FSH, PAS, c/locking, e/windows, airbag, s/r, radio/CD, immobiliser, colour coded bumpers, long MoT, warranty, immaculate condition, £2,650. Tel: 01799 584327/ 07779 557267 www.rowleyscars.co.uk

RENAULT

MEGANE 1.5 DCI, 100 Expression, 2004 (04), black, tax & MoT to June '10, FSH, one company owner, a/c, 107k miles

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01954 234600
office hours



RENAULT

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RENAULT CLIO

Oasis, MoT and tax until Sept.

£325
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RENAULT CLIO

1.6V

2001, 45,000 miles, petrol, FSH, MoT Jan '10, tax Aug '09, a/c, e/w, e/m, e/s, recent cambelt, excellent condition,

£2,700
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RENAULT CLIO

1.8 16V

1995 (M), met burgundy, 115k, FSH, MoT Nov '09, 17" alloys, e/w, e/s/r, CD player

£995
07794 027296

RENAULT CLIO

CAMPUS SPORT

1.2 16V

black, a/c, 2006 (06 reg'd), 17k miles, 12 months MoT, 6 months tax, 1 lady owner, vgc

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07983 435104

RENAULT CLIO

GRANDE RN 1.2

2001 (Y), 3 door, PAS, radio/cass, e/w, sunroof, twin airbags, blue, MoT March 2010, www.smallcarsonly.co.uk

£2,195
01440 730104

Renault

RENAULT KANGOO RN 1.9
diesel, 5 door estate, silver, 2001 Y reg'd, MoT Dec '09, road tax May '10

£1,400 ono
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RENAULT

MEGANE Dynamique 1.6 Sport saloon, 55, 4 door, comfort pack, red, 24,500 miles, 1 owner, regularly serviced, vgc

£5,500
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RENAULT

MEGANE SCENIC

1999, 12 months MoT, 2 owners, very nice, 1600cc, 5 speed

£750
01223 478164
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Rover-MG



MGB ROADSTER

1976, restored 1998, dry summer use only, nice condition, extras, MoT and tax 'til October

£2,200 ono
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MGF 1.8 VVC

Convertible, S reg'd, 70,000 miles, British Racing Green, green leather interior, e/w, CD player, FSH, 5 months tax, 7 months MoT, good condition

£2,200
07895 618844
01223 563502

ROVER 620 SLi

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12 PROPERTY

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Accommodation to Let

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NEWMARKET 3 bedroom house, recently refurbished, garden, £675 pcm. Tel: 07803 587728.

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13 PUBLIC NOTICES

13 PUBLIC NOTICES

Public Notices

CAMBRIDGESHIRE COUNTY COUNCIL
(the C173, Station Lane, Offord Cluny)
(TEMPORARY PROHIBITION OF THROUGH TRAFFIC)
ORDER 2009

NOTICE is given that Cambridgeshire County Council intends within seven days, to make an Order pursuant to the Road Traffic Regulation Act 1984, as amended by the Road Traffic (Temporary Restrictions) Act 1991, the effect of which is to stop any vehicle from proceeding along the C173, Station Lane, Offord Cluny as lies between points 10 metres either side of Offord level crossing.

Access will be maintained to properties affected by this order.

The alternative route for vehicles is via Mill Road, Church Street and High Street Buckden to the A1 - north on the A1 and turn off to Brampton via Buckden Road, Brampton - continue via Brampton village to the Huntingdon Ring Road - turn left to Godmanchester. In Godmanchester turn right to Offord Cluny via West Street - in Offord Cluny turn right into Station Lane & vice versa.

The proposed Order is made to facilitate essential maintenance works which are being carried out on or near this highway and it will come into operation on 25th July 2009 and continue until those works have finished or to the 24th January 2010 which ever is the earlier.

It is anticipated that these works will be carried out between 2130hrs Saturday 25th July and 0920hrs Sunday 26th July 2009.

Brian Smith, Executive Director, Environment Services, Shire Hall, Castle Hill, Cambridge CB3 0AP.

NH/09/108
Thursday 16th July 2009.



Cambridgeshire County Council

INSOLVENCY ACT 1986 IN BANKRUPTCY CAMBRIDGE COUNTY COURT

No. 334 of 2005 RE: RUSSELL PETER GRIGGS Lorry Driver of 77 Macaulay Avenue, Great Shelford, Cambridgeshire, CB2 5AF. I intend to pay within four months from 17 August 2009 (being the last day for proving) the first and final dividend of 8 p/c. Creditors who have not yet proved their debts must do so by 17 August 2009 otherwise they will be excluded from the dividend. The required proof of debt form is available on the Insolvency Service website (www.insolvency.gov.uk), select "Forms" and then form 6.37). Alternatively, you can contact my office at 2nd Floor, Sunley House, Bedford Park, Croydon, CR9 1TX telephone 02086 67 8137 to supply a form.

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14 PERSONAL SERVICES

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This post is exempt from the Rehabilitation of Offenders Act 1974 and an enhanced CRB Disclosure is required.

Further information about the Institute can be found on our website. Application forms and further details are available electronically from our website (www.babraham.ac.uk), or by contacting our 24-hour Recruitment Line on 01223 496365, or e-mail: babraham.personnel@bbsrc.ac.uk. On applying please quote reference NT/P. Closing date for completed applications is 29th July 2009. Interviews will be held on Monday 10th August 2009. **NO AGENCIES PLEASE**

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The Babraham Research Campus is the home of the Babraham Institute which is world renowned for its research in life sciences that leads to new medicines and treatments for human diseases. Babraham Campus Services Limited (BCS) is a wholly owned subsidiary of the Babraham Institute and provides employment opportunities in the support services of the Institute.

BCS is seeking to recruit staff for the below positions to work at the Babraham Day Nursery:

Permanent Full-Time Nursery Nurse (Ref. PB/BCS/P)
Starting salary range £18,062- £20,926 per annum for a 40.75 hour week

To be part of the staff team primarily to assist with care and development of children aged up to two years, but willing to work throughout the Nursery with all age groups. Applicants must have NVQ Level 2 in Childcare and Education or equivalent. Working Hours 8.30 a.m. to 5.45 p.m. Monday to Thursday and from 8.30 a.m. to 5.15 p.m. on Friday.

Permanent Part-time Nursery Nurse (Ref NW/P)
Starting salary range £13,297- £15,405 per annum for a 30 hour week

To work in the Breakfast club from 7.30 a.m. plus to be part of the staff team who primarily assist with care and development of children aged from 2 to 3 years, but willing to work throughout the Nursery with all age groups. Applicants must have NVQ Level 2 in Childcare and Education or equivalent. Working Hours 7.30 a.m. to 1.30 p.m. Monday to Friday.

Starting salaries will be according to qualification and experience. Benefits include a pension scheme. Meals are also provided. Please email personnel@babrahamcampus.com or telephone 01223 496365 for an information pack and application form quoting the appropriate reference. The closing date for completed applications is 29th July 2009. Interviews for PB/BCS/P will be held on Monday 17th August and for NW/P on Tuesday 11th August.

These posts are exempt from the Rehabilitation of Offenders Act 1974 and an enhanced CRB Disclosure is required.

BCS IS AN EQUAL OPPORTUNITIES EMPLOYER

General Vacancies

Outstanding Telesales People Needed

Nexus is growing fast! We specialise in creating outstanding media products (print, web and events) that link the public sector and private sector together. These books, briefing notes, events and web sites are used/attended by senior officials from major universities, government ministries and other senior official from organisations all around the world.

We need brilliant communicators who are entrepreneurial, passionate and hungry. If you

have these attributes and have sold before, then great but if not, we provide full training, brilliant products, very good sales literature, unlimited commission and a real chance to progress and grow with our business.

To tell us why you should be part of this success, please call either Simon Goodlad on 01223 303674 or Simon Howard on 01223 353207 or email:

simon.howard@nexuspartnerships.com

Nexus | Alexander House, 1 Milton Road, Cambridge CB4 1UY, United Kingdom

Full time Dental Nurse Required

Haverhill Dental Centre

Good remuneration
Please send CV to:
dr_danesh@hotmail.com

or Haverhill Dental Centre

35 Queen Street
Haverhill
CB9 9DZ
01440-714268

EARN £50-500 per week, part-time or full-time from home. Call: 0800 4588426

STYLISTS Full or part-time. Cambridge based salon. Good terms. Tel: 07738 131683.

Maintenance Manager Salary £25k pa

We are looking for an experienced maintenance professional to maintain and oversee the fabric, facilities and equipment for multi-site sports and leisure facilities in Cambridge. You will have experience in looking after large facilities where planned maintenance schedules are delivered and executed effectively and safely.

The job involves operating pool plant equipment. Full training will be provided but a pool plant qualification would be an advantage. Also involved is general maintenance of building fabric, services and equipment.

The individual will require a suitable electrical qualification and have a good knowledge of health and safety issues, and also be pro-active in their approach to problem solving and customer needs.

For further details contact Mr. R. Farnon, Regional Maintenance Manager, on 0778 693 8851, closing date for applications is 20th July 2009.

EXPERIENCED Hairdressers required @ Muir and Kerr. Tel: 01223 248820/ 350359.

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Aquasolve Limited is an expanding company that specialises in water analysis and technical support to the heating industry.

Laboratory Technician

We require a bright and enthusiastic person to work in our analytical laboratory. Ideally educated to degree level, with excellent technical, interpersonal and organisation skills, with an eye for attention to detail. Working knowledge of ICP-OES, Auto-titration and IC instrumentation would be a definite advantage. However full training will be provided.

The position will involve day to day operation of equipment listed above together with managing data and assisting general lab functions. Good computer skills are essential including knowledge of Microsoft Excel, Word and Access.

Working as part of a small team and reporting directly to the Laboratory Manager, you will be required to work under your own initiative.

This is a full time position, 08:30 to 17:00 hours. Salary range: £negotiable, depending on experience.

AQUASOLVE LIMITED
Analytical and Technical Services

Please write with CV to Mr Steve Bowman, Aquasolve Limited, Unit 5, Saffron Business Centre, Saffron Walden, Essex, CB10 2NL. Or Email: steve@aquas.co.uk. Tel: 01799 522111

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HUNDREDS OF NEW VACANCIES EVERY WEEK

Award winning manufacturing company seeks some exceptional staff to add to their team:

SALES EXECUTIVE

Based in our busy sales office, this position plays a major part in generating sales for the company. It involves both taking sales enquiries, developing strong customer relations and generating new business. You would be expected to develop high levels of product and market knowledge.

The successful applicant will have sales or customer service experience and a superb telephone manner; good IT skills, and an eye for detail. They will also be career orientated, reliable, trustworthy, and highly accountable.

SALES AND CUSTOMER SERVICE ADMINISTRATOR

This position provides key support within the sales office. Broad and interesting range of duties including taking incoming sales enquiries, market research, e marketing, and liaising with the customers on after sales and complaints. The successful applicant would be from an administrative or customer service background, with very good IT skills, an eye for detail, good telephone manner and excellent customer service skills. They would also be exceptionally reliable, trustworthy and accountable.

DESPATCH LINE MANAGER

To check and assemble furniture prior to despatch. Role includes working with glass and metal. Successful applicant should have at least 2 years quality checking experience or woodwork experience and be able to display a passion for quality and a fine eye for detail. They should also be totally self-motivating, career orientated and thrive under pressure.

The salaries are around £15 - 16,000 depending on experience. Applicants should e-mail: jc@jancavelle.com with their CV as soon as possible



Abbeycroft Leisure is proud to announce the recruitment of new members to our Operational team at Haverhill Leisure Centre following a 12 month refurbishment project. We work in partnership with St Edmundsbury Borough council and manage the leisure centres in Bury St Edmunds and Haverhill. We want to hear from leisure professionals and people who share our vision and are passionate in encouraging all members of the community to be more active and participate in leisure, fitness and sport.

Haverhill Leisure Centre

Cleaner £6.40 per hour Part time, 25 hpw SLC004

This post is responsible for carrying out cleaning duties throughout the whole of the building including both wet and dry areas. No formal qualifications are required but knowledge of COSHH regulations would be helpful.

Kid City Supervisor

£14,114 pro rata Part time, 32 hpw SLC006

This is a dual role which includes supervising the cafe area and the new soft play area. As the supervisor you will be serving in the cafe and the soft play area but will also oversee 4 full time colleagues. Party bookings and creche will also be an active part of the role. Basic food hygiene, experience of working with children and catering experience would be advantageous. Repeat business in this area will be a key driver for the post holder.

All of the above posts are subject to a shift pattern that includes early mornings, evenings, weekends and bank holidays. A CRB enhanced disclosure will be required for these posts.

For an application pack please contact Human Resources via the 24 hour job line on (01284) 757019, or email: recruitment@stedsbcb.gov.uk quoting the relevant post number. Closing date: 27 July 2009.

Focused on Equal Opportunities, we value diversity in our workforce and positively encourage applications from all sections of the community.

Working with



Production Scientist, Cambridge.

Innova Biosciences Ltd has a vacancy for a permanent production/manufacturing scientist in its research products facility.

Candidates will be qualified to degree or PhD level with at least three years' experience in a manufacturing environment. Experience in column chromatography and antibody techniques would be advantageous. A detailed job description may be found on our web site.

Send your CV and salary expectations to HR Dept, Innova Biosciences, Babraham Hall, Babraham, Cambs CB22 3AT. Closing date: 5th August 2009. www.innovabiosciences.com

Linton / Haverhill - Trainee / Experienced Dental Nurse

Smart, efficient person required with strong interpersonal / IT / PA skills to assist Partner with dental nursing and management of NHS contracts.

Full training given. Trainee considered for individual with the right aptitude / skillset £13k - £20 k depending on background / experience.

Email raj.wadhvani@googlemail.co.uk with cover letter / CV www.antwerphouse.co.uk



Street Outreach Team – Cambridge

Project Worker (Ref MM257)

Salary: £22,578 – £24,089 per annum
37.5 hours per week

Our Street Outreach Team in Cambridge provides outreach and resettlement services for rough sleepers, between the hours of 7.30am-10.00pm. We work with a range of local agencies to effect lasting change with the most disaffected client groups. Service delivery aims to impact on rough sleeping, street based lifestyles and anti social behaviour.

We are now looking to recruit a project worker with demonstrable experience in the social care field and a good understanding of issues facing those with experience of homelessness and rough sleeping. The service also offers a comprehensive resettlement service to night shelter guests, in order that they may access secure long-term accommodation. The successful candidate will be able to demonstrate their knowledge of the issues affecting this client group, and the ability to successfully support-plan and develop exit strategies for individuals ensuring that client need is fully met. You must have a flexible and determined approach to achieving results and strong problem solving skills. You will be working in a challenging environment so must have excellent engagement skills to motivate change.

Closing date: 30th July 2009

Only electronic applications will be accepted via www.cri.org.uk

The successful candidates will be subject to a Criminal Records Bureau check at enhanced level.

In return for your commitment and enthusiasm CRI offer excellent terms and conditions and comprehensive training and development opportunities.

Committed to anti-discriminatory practice, CRI aims to be an equal opportunities employer. Crime Reduction Initiatives is a registered charity in England and Wales (1079327) and in Scotland (SC039861), Company Registration Number: 3861209 (England and Wales).

safer communities, healthier lives



Romsey Mill is a leading Cambridgeshire-based Christian charity dedicated to creating opportunities with young people and families, particularly with those experiencing significant disadvantages. We are committed to overcoming disadvantage, promoting inclusion and developing wellbeing through a pioneering range of programmes and activities.

Romsey Mill is looking to make appointments to various full-time and part-time roles:

Apprentice Youth Worker (full-time)

- an opening for on-the-job training, creating opportunities with young people 13-19.

Transitions Development Worker (full-time)

- working with young people 10-14 across the primary-to-secondary school transition creating opportunities for them to thrive.

Young Women's Development Worker (full-time)

- developing new positive activities with young women 13-19, including group work and 1-to-1 support.

Progressions Worker (part-time minimum 3 days p/wk)

- enabling the positive progression of young people 16+ into community participation, training, employment.

Youth Development Worker Camboorne (part time 2.5 days p/wk)

- developing positive activities and creating opportunities with young people 13-19 in partnership with others.

Closing date for Youth Work posts: Wednesday 29th July
Interview date to be confirmed

Fundraising and Communications Officers - Full-time post

- focusing on raising unrestricted funds from individuals, churches, companies, events, and on communications with supporters and the general public about Romsey Mill's work.

Romsey Mill's work. Part-time post (2.5 days p/wk)

- working with the fundraising team to raise profile and funds, including writing applications.

Closing date for Fundraising posts: Monday 3rd August
Interview date: Friday 7th August

This organisation is committed to safeguarding and promoting the welfare of children and young people.

Information and application packs are available to download via our website www.romseymill.org or contact Angie Debenham 01223 213162.

Registered Charity No: 1069905

Sales Support Administrators with Pride Sought

Nexus is growing fast! We specialise in creating outstanding media products (print, web and events) that link the public sector and private sector together. These books, briefing notes and events are used/attended by senior officials from major universities, government ministries and other senior official from organisations all around the world.

We need two sales support people who can join and support our sales team. You will be managing the sales literature and letter output of a dynamic bunch of sales people. This will involve creating and

sending emails, letters and fielding the odd phone call from all corners of the world. Our customers are University Vice Chancellors, Government Ministries and other very senior officials so the quality of our literature and other communications is paramount.

If you have good English, experience of Microsoft Office and would like to join a fast growing company in the middle of Cambridge that is fun and always looks to develop and grow people from within, please send an email to simon.howard@nexuspartnerships.com and/or call Simon Howard on 01223 353207

Nexus | Alexander House, 1 Milton Road, Cambridge CB4 1UY, United Kingdom

TYRRELL AND COMPANY CMS LLP

P/T Senior Credit Controller

£20,000 - £22,000 pro rata
Sawston, Cambridge



The Role:

This is an interesting opportunity for an experienced Credit Controller to join an ambitious fast growing, outsourcing provider of credit management solutions. Working on behalf of a number of businesses, you will be responsible for the day to day credit management of accounts including credit risk. Candidates must have a sound credit control background, excellent communication skills and a confident telephone manner.

Please forward your cv to Mr James Field, Tyrrell and Company CMS LLP, Suite D, South Cambridge Business Park, Babraham Road, Sawston, Cambridge, CB22 3UH or via email to cms@tyrrellandcompany.co.uk

Closing Date: Friday 24th July 2009

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Product Manager (DBA Tools Division)**Salary:** £40k-£55k plus an extensive benefits package.**Hours:** 40 hours per week, Monday to Friday, flexible.

We are looking for an experienced IT professional, with a unique blend of business and technical savvy, and the drive to take ownership of a product and make it a market leader.

Your role will be to stay up to date with the marketplace and work with sales, support, development, marketing and customers to define the features of new and current products. You'll set the strategic vision for the products, and will provide detailed guidance to development, user experience, QA and documentation to make sure the 'right' product gets released.

Product Support Team Leader**Salary:** £40k - £45k per annum plus an extensive benefits package.**Hours:** 40 hours per week, Monday – Friday. Evening shift allowance, depending on hours agreed.

We are looking for an enthusiastic and proactive product support team leader to lead and manage our successful support team.

As well as managing, leading and developing the team you will be expected to provide frontline customer support for Red Gate's tools via email and telephone. We therefore need someone with experience in a technical helpdesk environment and proven line management experience in this area.

Sales Person x2**Salary:** £19k-£22k basic + £12k on target bonuses making up to £34k OTE, + uncapped commission and an extensive benefits package.**Hours:** 40 hours per week, 4 days 12pm until 9pm, 1 day flexible.

We are looking for top quality telesales people to help us build on our current success. You will be selling to people who have downloaded our software for evaluation – no cold calling! Ever!

You will have the ambition to make your mark in a growing, dynamic and profitable company. Working as part of a small focused team, you will be selling to IT professionals in the US market.

Sales Team Leader**Salary:** £26k-£30k basic, £12k on target bonuses making up to £42k OTE + uncapped commission + an extensive benefits package.**Hours:** 40 hours per week, 4 days 12pm until 9pm, 1 day flexible.

We are looking for an experienced and successful sales team leader to drive sales in a dynamic and profitable company. The successful applicant will have previous experience leading a telesales team and be able to inspire a team to do the best work of their lives.

We're building a best in class software telesales operation and therefore need the best people to help us achieve this.

Software Renewals Representative**Salary:** £16k-£19k basic plus £3k on target bonuses making up to £22k and an extensive benefits package.**Hours:** 40 hours per week, 4 days 12pm until 9pm, 1 day flexible.

We are looking for an organised and enthusiastic person to join our successful renewals team.

You will be assisting the renewals team with their day to day activities including emailing customers with renewal quotes and calling customers to renew their support and upgrades agreement. You will also be given a personal target which you will be expected to hit each month as well as a monthly team target.

Written and verbal communication skills are very important for this role as you will be speaking directly with our customers and emailing them on a regular basis.

Software Engineer x4 (DBA Tools Division & Web and Internal Development)**Salary:** £30k-£45k plus an extensive benefits package.**Hours:** 40 hours per week, Monday to Friday, flexible.

We are looking for world-class software engineers to join our DBA Tools Division and Web and Internal Development team.

As part of one of our cross-functional project teams you will help us to develop our existing and new products with some of the most skilled and dynamic engineers, testers, authors and user experience specialists in the business.

Test Engineer x4 (SQL Development Tools, .NET Developer Tools & Web and Internal Development)**Salary:** £28k-£35k plus an extensive benefits package.**Hours:** 40 hours per week, Monday to Friday, flexible.

Top quality testers are vital to our continued growth and we are looking for more. You should only apply if you share our commitment to relentless testing, and constantly look for ways to break everything put in front of you.

This is a technical role, and you will be expected to test both API and GUI layers, and to write automated test code.

User Experience Specialist**Salary:** £30k-£45k plus an extensive benefits package.**Hours:** 40 hours per week, Monday to Friday, flexible.

We are looking for a talented user experience professional to ensure our products are highly intuitive, usable and meet the real needs of our customers. Your role will be to work alongside developers and testers to design, influence and review the interactional elements of our software.

You will have commercial experience in user-centred design and usability testing, and a strong academic background in HCI, human factors or related disciplines.

"Come to Red Gate's Recruitment Open Evening on Wednesday 29th July, 5pm - 7pm at Newnham House, Cambridge Business Park. Email careers@red-gate.com to reserve your place. See you there! "

Rob Chipperfield Software Engineer



redgate®
software

For more information on any of these positions, and our full list of benefits; please visit www.red-gate.com/careers
For directions to our office please visit www.red-gate.com/about

Jobsnow Help Centre

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Information provided on these pages is intended for general information purposes only and does not constitute legal or other professional advice.

Your CV

When you send your CV off to a potential employer, remember that you won't be the only one. Hundreds of other people could be applying for the job as well.

So what are you going to do to make you stand out from the crowd? Why should an employer take a chance on you instead of someone else?

Your CV is your first real chance to sell yourself to a potential employer. Most employers will scan through a CV in about 30 seconds so you need to grab their attention from the start - and make them want to invite you for an interview.

There are five main areas to consider when writing your CV:

- Make sure your CV looks the part. Your CV should look clean and tidy - don't scrawl it out on a piece of A4 paper. If you haven't got access to a PC or printer, ask a friend or use your local library. Use a good quality paper and steer clear of fancy borders and front covers.
- Watch out for silly spelling and grammar mistakes. They make you look lazy and show employers that you don't really care. It's not difficult to do a spell check on your PC and if you're really stuck then don't just guess, reach for a dictionary. Get a friend to read through your CV for you - a second opinion is always useful.
- Make sure your CV is well organised. When you list your previous jobs, make sure the dates are correct and try not to leave any gaps. If you took time out to go travelling then say so - employers won't mark you down just because you've tried something new.
- Don't waffle. Remember that employers don't have time to read every word of your CV. Long paragraphs and sentences put people off, so try bullet-points to break up text. Make sure your CV is no longer than two pages long - employers don't want your life history, they just want to see that you've got what it takes to do the job.
- Don't list any failures. Employers have enough trouble finding someone who is right for the job - they don't need help finding reasons not to employ you. If you have to include a mistake from your past, make sure you show the employer that you learnt something from the experience.

Keep it simple

Personal details

Start off with your full name, address, date of birth, home and mobile phone numbers, email address and nationality. If you are offered an interview, the employer will want to get hold of you so give him as many options as possible.



Summary/professional profile

This is the No1 area for selling yourself. Set out your main skills and personal qualities but keep it interesting and tight - one paragraph should do to cover everything.

Education and qualifications

List your qualifications and education history, with the most recent first. You don't need to list the grades for each exam you have passed unless they were exceptional results - simply listing the number and type of exams you've passed is fine. Also, list any relevant professional organisations you belong to and training courses you have been on.

Work experience

Start with your most recent position and work backwards, giving addresses along with start and finish dates. Set out your main responsibilities, duties and most importantly achievements, along with any skills you picked up or improvements you made while you were there. This is a really important section in your CV so make it count - but don't waffle.

If you have not had a full-time job before, detail any part-time jobs you may have held or any placement you have been on.

Other skills

Set out any computer skills you may have and the software you are most familiar with. Can you type, do shorthand or speak a foreign language fluently? If you have a driving licence, let the employer know. If it's clean, tell them.

Interests & hobbies

Briefly list what you get up to in your spare time. Put down any positions you hold in clubs or associations, along with any responsibilities and achievements.

References

Make sure you have at least two people (including one from your previous or current job) who will tell an employer what a thoroughly nice person you are and what a potential asset to the company you would be.

If you want to list them now make sure you include their name, job title, postal & e-mail address and contact phone numbers. Alternatively, just put "Available on request" so the employer knows to follow up references at a later date.

Add a covering letter

The main aim of a covering letter is to encourage an employer to give you a chance. You want them to read your CV, so sell it to them. You should always enclose a covering letter when applying for a job - most employers won't consider you unless you do.

A covering letter should let the employer know why you are interested in the job and why you think you can do it.

The hints and tips below should point you in the right direction:

- Keep it simple. A covering letter should be short and to the point - no more than six paragraphs.
- Mention the job. If you are replying to an advert, mention what the job is and where you saw it. The company may be advertising for other positions and it may not be clear which job you are applying for.
- Sell yourself. Explain why you are the perfect candidate for the job. Show off your strengths and experience. Refer to your CV - if it goes missing then at least an employer will know that you've sent it.
- Check it for mistakes. A silly spelling mistake in a covering letter is likely to cost you your chance of getting an interview. Also, make sure it is addressed to the right person in the right department.

A covering letter can be just as important as a CV in getting you an interview. It's your first point of contact with your potential employer - so make it count.

>> Golf

Haverhill pair to go international

JIM Thomson and Paul Houchen will represent the Haverhill club in the regional finals of the International Pairs after their victory on countback against Andy Fish and Wayne Penman. Both teams recorded 46 points in the 4BBB stableford event but the one extra point on the back nine took Thomson and Houchen through to the next qualifying round at Selsdon Park, Surrey.

A good finish there would result in an invite to the English final at St Mellion, Cornwall and possibly a trip to Carnoustie for the final.

Roger and Scott Turner were third, just one point back.

The Parks Trophy team captain, Malcolm Klinge, is studying the form of his senior squad as he prepares for the semi-final of the Suffolk inter-club event.

Haverhill take on Stowmarket at Bury St Edmunds on August 13 and will be looking to repeat last year's performance when the defending champions were knocked out of the competition at Coupals Road.

Haverhill's ladies did not fare too well at Flempington in their latest Weston Cup match, losing heavily in all five of the singles games.

In the seniors' annual

domestic head-to-head, the Alfa Romeo Shield, there was a further loss for the ladies against the men.

However, the senior men did record a further win during the week, beating Girtton 6-2 at home.

■ The Mixed Invitation attracted a small field for an enjoyable afternoon's golf. The overall winners with 44 stableford points were Pauline Calmet, who partnered Gosfield member Geoff Argent. Gerry Wheatley and B Dent were three points in arrears in second with Simon Price and F Glasswell third on 39.

■ Midweek Medal results – Division One: J Brown, L Chandler, M Stanton 65, A Gelder 66, C Vince 67, J Warwick 68, P McLennan, A Carter, T Marsh 69, D Pipe 70, M Goldsmith 71, G Carroll, S King 76, P Gardiner 77, E Fairhead 79.

Division Two: A Cocks, H Baverst 63, A Playle 64, E Bates, F Robertson 66, J Stokes 67, S Johnstone, P Moore 69, R Rand, R Baker 70, M Barnham, D Cohen, C Williams 71, S Haworth, N White 72, E Nicholas, K Ward 73, D Bates, J Davis 74, G Bush, D Parsons 75, D Simpson, J North 78, R Metcalf 79, R Campbell, B Sargeant 80, M Wells 86, C Smith 92.

Division Three: V O'Halloran 64, D Chapman 66, P Bowes, J Fox 69, P Owen 71, D Allen 72, G Cain, N Rouse 73, T Broomfield, D Burns, J Ward 74, J Condon 75, F Gooch, M Everitt 76, D Hill, M McGarr 77, D Hardy 82.

>> Martial Arts



Winning smiles: Members of the Haverhill Shotokan Karate Club after the three-way match.

CP

Gemma, Mia share the spotlight

GEMMA Garnett scooped double honours when the Haverhill Shotokan Karate Club took on Saffron Walden and Great Sampford.

The brown belt (3rd kyu) from the Haverhill club won the individual kata and the jyu kumite.

However, she had to share some of the limelight with the club's youngest member, four-year-old Mia Bovis, who was second in the girls' beginners.

Haverhill results. Beginners Kihon – Boys: 1 William Hancock, 2 Eduardo Goncalves, 3 Cameron Hinds. **Girls:** Stephanie Bovis, 2 Mia Bovis, 3 Lucy Morris. **Individual Kumite. Blue and red – 1** Emily Wickington, 2 Graham Smith, 3 William Oliver. **Orange, yellow, green: 1** Adam Kuczynski, 2 Grace Kidd, 3 Josh Woodgate. **Purple and above: 1** Gemma Garnett, 2 Sarah Kelly, 3 Sam Whitmore. **Individual Kata. Blue and red – 1** William Oliver, 2 Fergus Jolly, 3 Ella O'Neill. **Orange, yellow, green: 1** Alex Jolly, 2 Nicholas Shields, 3 Josh Woodgate. **Purple and above: 1** Gemma Garnett, 2

Connor Hirst, 3 Andy Dzuiba. **Team Kata. White, blue, red: 1** Stephanie Bovis, Stacey Garner, 3 Graham Smith; 2 Dylan Morgan Owen, Caitlin Boham, Hollie Kelvin; 3 Fergus Jolly, William Oliver, Campbell Ure. **Orange, yellow, green: 1** Connor Holden, Michael Martin, Emily Veness; 2 Grace Kelvin, Emma O'Neill, 3 Chloe Wayman. **Purple and above: 1** Connor Hirst, 2 Ross Standever, Sam Whitmore; 2 Gemma Garrett, Ross Standever, 3 Cameron Rooney; 3 Sarah Kelly, Richard Clark, Ross Standever.

■ Anyone interested in joining the club should ring 01440 708365

>> Cricket: Scores and Adams Harrison Midweek League

CCA SENIOR LEAGUE

Division One: Cambridge St Giles 179 for 3 (20pts) Horseheath 178 (5pts), Camden II 138 (8) Balsham 145 (20), Doddington 117 (7) Wilbrahams 154 (20), Fulbourn Institute 210 for 9 (20). **Thriplow 110 (6), St Ives Town 108 for 2 (20) Barrington 107 (3).**

Division Two: City of Ely 208 for 7 (20) Milton 163 (7), Hardwick & Caldecote 193 for 7 (20) Linton Village 154 (6), Histon 204 (20) Cottenham 130 (8), Yelling 167 for 6 (20) March Town II 163 (7).

CRICKET STICK CCA JUNIOR LEAGUE

Division 1A: Dullingham 93 for 6 (20pts) Cambridge NCI II 92 (5pts), Isleham 125 for 4 (20) Cambridge Granta III 124 (3), Little Downham 245 for 4 (20) Bottisham Lodge 130 (5), Milton II 114 (3) Somersham Town 256 for 3 (20), Needingworth 167 for 8 (20) Witchesham 166 for 9 (8).

Division 1B: Cambridge NCI III 161 for 6 (6) Sawston II 256 for 5 (20), Elmton 141 for 3 (20) Cokenach 140 (4), Madingley 104 for 7 (20) Eversden 103 (5), Thurlow 203 (9) Bar Hill 240 for 9 (20), USSC 185 for 9 (8) Barley 203 for 8 (20).

Division 2A: Newmarket Town (20) & Doddington II (0) – Doddington defaulted, Pymoor 105 (4) St Ives Tn II 109 for 5 (20), Sutton 106 for 3 (20) Willingham 105 (3), Wimbington 196 (20) Wilburton 74 (6).

Division 2B: Cambourne 254 for 5 (20) Little Shelford 173 (6), Camden III 109 (4) Histon II 110 for 5 (20), Elsworth 59 (2) Cambridge St Giles II 62 for 2 (20), Longstowe 179 for 7 (20) Cherry Hinton 151 (6).

Division 2C: Audley End & Littlebury 202 for 8 (20) Foxton II 155 (7), Bassingbourn 95 (5) Sawston III 191 for 6 (20), Burrough Green 74 for 0 (20) Longstowe II 73 (1), Whittlesford 169 for 9 (20) Abington II 105 (6).

Division 3A: Burwell III 100 (20) City of Ely II 96 (7), Cottenham II 142 for 9 (20) Soham 138 (7), Fenstanton 248 for 7 (20) Sutton II 86 (5), March Town III 242 for 5 (20) Littleport Town II 219 for 6 (7).

Division 3B: Cambridge Granta IV 77 for 2 (20) March Town IV 73 (2), Cherry Hinton II 226 (20) Waterbeach 145 (8), Comberton 103 for 3 (20) Fen Ditton 102 for 6 (3), Coton 67 for 0 (20) Girtton II 66 (1).

Division 3C: Balsham II 120 for 9 (6) Haslingfield 201 for 6 (20), Thriplow II 142 for 5 (20) Helions Bumpstead 141 for 8 (5), Wilbrahams II 129 (6) Godolphin 216 for 7 (20).

Division 4A: Bar Hill II (20) v Abbots Ripton (0) – Abbots Ripton defaulted, Bluntham II 122 (6) Chatteris II 126 for 7 (20), St Ives Town III 182 (20) Wimbington II 126 (8), Somersham Town II 82 for 3 (20) Witchesham II 81 for 9 (3).

Division 4B: Cambridge Granta V 218 for 7 (7) Cambourne II 219 for 4 (20), Ramsey Town 229 for 7 (20) Westcott Colville II 115 (5). **Division 4C:** Great Chishill II 185 (8) Elmton II 186 for 8 (20), Linton Village II 146 for 4 (20) Whittlesford II 142 (5), Royston II 181 for 8 (20) Barrington II 163 (8), Saffron Walden IV (0) v Newton (0) – pitch unfit.

Division 5A: Little Thetford II 112 (6) Chatteris III 120 for 9 (20), Over III (20) v St Ives Town IV (0) – St Ives defaulted, Willingham II 204 for 5 (20) Burwell IV 200 for 8 (7). **Division 5B:** Bar Hill III 106 (5) Histon III 225 for 7 (20), Bottisham-Lode II 95 (6) Fordham III 165 for 9 (20), Cambridge NCI V 190 for 7 (20) Cottenham III 181 (7), Waterbeach II III (3) Burrough Green II 115 (20).

Division 5C: Babraham III 137 (4) Cokenach II 141 for 3 (20), Cambourne III 36 (0) Bassingbourn II 40 for 0 (20), Thriplow III 114 (4) Hardwick & Caldecote II 117 for 2 (20).

Palmer power!

BABRAHAM are into the final of the Adam Harrison Midweek League Cup for the fourth year in succession.

They beat Sawston by six wickets with the Palmer brothers devastating in both innings, Chris scoring 65 in Babraham's 148 for 4 and Andy taking 4 for 28 to restrict Sawston to 125, despite Simon Potger's 43.2.

They will play Haverhill who overcame Long Melford with two balls to spare.

Long Melford reached 134 off 19.4 overs (Stuart Ketteridge 3 for 41 and Simon Youngs 3 for 24). Sam Powell (30 not out) saw Haverhill home after Neil Winter (31) and Adam Dellard (34) laid the foundations.

■ Mark Jolland was the difference as Hundon booked their place in the final of the League Cup at the expense of Mill Green.

Jolland smashed an unbeaten 60 to propel Hundon to 122 for 4, Mill Green falling short by 20 runs.

However, the other semi-final – Ashdon v Castle Manor – was called off because the pitch

was unplayable.

■ Brockley continue to be the dominant force in Division Two, but Helions Bumpstead made them work for their victory.

Joe Reed was again their main contributor with a swashbuckling 89 in their 170 for 6 (Matt Vicory 4 for 46), but relegation-haunted Helions were boosted by Adam Suckling's 42 as they got to 157 for 5.

In Division 3A, Highpoint got off the mark by beating Gestingthorpe, thanks to Arron Walters' haul of 5 for 20 which skittled their rivals for 77.

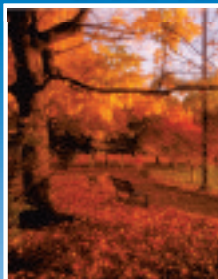
Results. AH Cup, semi-finals: Haverhill 138 for 4 (N Winter 31, A Dellard 34, S Powell 30 not out, S Ketteridge 3-41, S Youngs 3-24; 19.4ov) Long Melford 134 (19.4ov), Sawston 125 (S Potger 43; 18.2ov) Babraham 148 for 4 (C Palmer 65, A Palmer 4-28; 20ov).

AH League Cup, semi-finals: Ashdon v Castle Manor (post), Hundon 122 for 4 (M Jolland 60 not out, K Davis 25) Mill Green 102 for 4 (20ov).

AH League, Division One: Haverhill v Sawston (post), Horseheath v Weston Colville (aband, rain). **Division Two:** Brockley 170 for 6 (J Reed 89; 20ov, 20pts) Helions Bumpstead 157 for 5 (M Vicory 4-25, C Raynor 37, A Suckling 42, C Brazier 27; 20ov, 8pts).

Division 3A: Gestingthorpe II 77 (16.2ov, 1pt), Highpoint 78 for 2 (Jones 36, A Walters 5-20, 10.4ov, 20pts).

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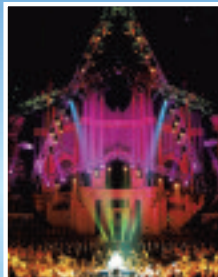
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Football

Pilgrim's voyage

BRIAN Pilgrim will be looking to get off to a winning start tonight (Thursday) with Hundon's opening pre-season friendly against Cornard United at Blackhouse Lane. On Saturday they go to Hamlet Croft (2pm) to take on Haverhill Rovers as part of the Haverhill Summer Football Festival. Pilgrim, who started his second spell as Hundon boss last week, is looking forward to the challenge of seeing his players against two Ridges League clubs before they go to Duxford a week on Saturday.

Martial Arts



Top team: Haverhill's team fighters (pictured left) Chris Chomyn, Daniel Miller, regional instructor Master Mark Ingram, Stuart Miller, Louise Muckly and Craig Phillips. CP

National glory for club

SEVENTEEN members of Haverhill's UK Tang Soo Do martial arts club bagged 32 medals at the 31st British National Championships at Watford. Performing in front of the Grand Master Kang UK Lee they scooped 16 gold medals and instructor Kevin Blackwell said: "Earlier in the year at the regional championships we won 30 medals, but the students exceeded this by

winning an unbelievable 16 gold medals, seven silvers and nine bronze." The competition was in three stages. In the forms event, students were arranged in groups of around eight, depending on age, weight and rank, and had to perform a certain move, decided at random by the chief master judge. The remaining stages were the fighting, the individual followed by team, where



All smiles: Members of the Haverhill club show off their prizes.

CP

Cambridgeshire – featuring Craig Phillips, an assisting instructor at Haverhill – retained their title. Medal winners. Forms – Gold: Ashlea Scott, Craig Phillips, Daniel, George Regan, Holly Corsby, Imogen Corsby, Kyle, Rhys, Sarah Ravenscroft, Steven Swaby. Silver: Harry Regan, Karl Regan. Bronze: Katie Regan, Nicci Dighton, Mewgan Baker, Georgia. Fighting – Gold: Ashlea Scott, Harry Regan, Holly Corsby, Karl Regan, Louise Muckley. Silver: Dean Blackwell, Kevin Blackwell, Nicci Dighton, Georgia, Kyle. Bronze: Craig

Phillips, George Regan, Imogen Corsby, Sarah Ravenscroft, Sophie Regan. ■ Anyone interested in trying the traditional Korean Martial Art, the Haverhill club holds sessions at Leiston Road, Haverhill (7-9pm) on Tuesdays and in the gym at the Samuel Ward Upper School, Haverhill (7-9pm) on Thursdays. The first lesson is free and further details are available from Kevin Blackwell on 07548 729852.

Haverhill blow chances

ALTHOUGH the bowlers did their bit, Haverhill fell short by 14 runs in their Marshall Hatchick Two Counties Championship, Division Two match at Ipswich.

After winning the toss and putting the home side in, the visitors' attack found the hard, bouncy track much to their liking.

With wicketkeeper Luke Youngs taking three catches and dealing well with the pace and bounce generated by the bowlers, Ipswich were pegged to 149 for 9.

However, Haverhill were in trouble straight away, losing three wickets as they limped to 20 to 3.

Batsmen wreck bowlers' work

Cricket

Dave Godwin and Greg Street repaired the damage to 68 for 3, but that soon became 92 for 7 and eventually 135 all out.

Haverhill are at home to Felixstowe on Saturday.

■ Weston Colville shared the honours

with Yaxley in their Cambs and Hunts Premier League, Division Two clash. They were all out for 185 but were frustrated by their opponents, who dug in on 147 for 9.

■ Ben Cocker's half-century helped Cambridge St Giles wrap up a seven-wicket victory with 10 balls to spare at home to Horseheath in the CCA Senior League, Division Two.

The batsman struck 65, Francis Ward backed him up with 47 and Rychard Scrase-Field hit 25 as the hosts successfully reached 179 for 3. Robbie Ketteridge (2 for 40) was the pick of the bowlers.

St Giles had earlier dismissed the

visitors for 178, David Brown top-scoring with 62. Mihir Vagh's men are safely ensconced in second place, but Gary Ellis' sixth-placed troops are one of eight teams battling to beat the drop.

Horseheath skipper Ellis said: "We lost an early wicket and were 36 for 5 after 22 overs, so we actually did quite well to get 178. But their lad Cocker took his time and basically won them the game."

"Only the top two in the league are safe from relegation and I think it's going to go to the wire. We've got four of our last seven games at home and hopefully that will be to our advantage."

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